

XXXI Ogólnopolski Bieg Niepodległości 2024

Ośrodek Kultury Fizycznej w Górze · poniedziałek, 11 listopada 2024

Wyniki końcowe - BG

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	Kat	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
1	49	ROMANIUK BARTOSZ	ENDORFINA WSCHOWA	M	M30	7:52.33 (1)	15:53.46 (1)	23:46.51 (1)	31:42.80 (1)	33:02.25	03:18	0:33:01.58
2	143	BUDNY MARCIN		M	M30	8:08.78 (2)	16:37.23 (2)	25:13.58 (2)	33:50.67 (2)	35:16.49	03:32	0:35:15.66
3	80	OWCZAREK TOMEK	RUNNING TEAM MILICZ	M	M40	8:09.47 (3)	16:37.32 (3)	25:13.89 (3)	33:51.57 (3)	35:18.66	03:32	0:35:16.73
4	61	SÓJKA SERGIUSZ	KS KROTOSZ KROTOSZYN	M	M20	8:43.87 (4)	17:22.35 (4)	26:04.61 (4)	34:46.02 (4)	36:15.54	03:37	0:36:15.54
5	93	PIASECKI RADOŚLAW	PARKRUN GŁOGÓW	M	M40	8:54.08 (7)	17:57.29 (7)	26:57.66 (7)	35:53.61 (5,+2)	37:26.64	03:44	0:37:25.34
6	132	PERDION PAWEŁ	TEMPO DZIDA	M	M40	8:45.40 (5)	17:42.82 (6,-1)	26:48.45 (6)	36:01.30 (6)	37:32.43	03:45	0:37:31.98
7	85	NOWACZYK PIOTR	FREE TEAM	M	M40	8:51.13 (6)	17:42.64 (5,+1)	26:45.93 (5)	36:01.62 (7,-2)	37:39.90	03:46	0:37:37.60
8	130	KULCZYCKI RAFAŁ	PARKRUN LUBIN	M	M40	8:54.48 (8)	17:57.71 (8)	27:09.13 (8)	36:15.55 (11,-3)	37:41.11	03:46	0:37:40.66
9	100	POSACKI ZBIGNIEW	WOŁÓW BIEGA	M	M40	9:03.12 (12)	18:06.69 (11,+1)	27:12.99 (11)	36:15.20 (10,+1)	37:41.84	03:46	0:37:40.10
10	142	WRÓBLEWSKI SŁAWOMIR	SOMAPOL	M	M40	9:03.02 (11)	18:05.92 (10,+1)	27:12.55 (10)	36:14.91 (9,+1)	37:43.53	03:46	0:37:43.53
11	158	SEREK PAWEŁ		M	M40	9:09.60 (14)	18:09.85 (13,+1)	27:13.63 (12,+1)	36:15.64 (12)	37:45.22	03:47	0:37:40.90
12	108	JANOWICZ ROMAN		M	M50	9:01.64 (9)	18:05.58 (9)	27:12.18 (9)	36:14.55 (8,+1)	37:51.01	03:47	0:37:48.52
13	5	MADERA DAWID		M	M20	9:03.20 (13)	18:07.88 (12,+1)	27:16.85 (13,-1)	36:34.18 (13)	38:05.98	03:49	0:38:05.98
14	101	KĄŻMIERCZAK BORYS	ADAM NOWICKI TEAM	M	M20	9:02.51 (10)	18:16.82 (14,-4)	27:49.55 (14)	37:22.25 (14)	38:58.76	03:54	0:38:58.76
15	170	BATOR MILENA	♀ OŚ RACING TEAM	K	K20	9:26.42 (15)	18:55.00 (15)	28:16.33 (15)	37:37.76 (15)	39:09.61	03:55	0:39:07.28
16	153	ŚLIWIŃSKI BARTOSZ	DTR BIEGA / MARIO TEAM	M	M20	9:37.94 (21)	19:16.82 (17,+4)	28:49.58 (17)	38:17.26 (16,+1)	39:52.76	03:59	0:39:52.76
17	87	PARYSEK TOMASZ		M	M30	9:32.87 (19)	19:02.21 (16,+3)	28:44.46 (16)	38:21.90 (17,-1)	39:55.89	03:59	0:39:51.89
18	88	GARBOWSKI RAFAŁ	LKS SPARTA PARSZOWICE	M	M30	10:12.61 (35)	20:09.28 (31,+4)	29:47.31 (23,+8)	39:16.65 (19,+4)	40:52.77	04:05	0:40:49.01
19	159	KRASICKI MICHAŁ	RUNNIN-GYM	M	M40	9:30.20 (16)	19:18.17 (18,-2)	29:15.10 (18)	39:12.88 (18)	40:58.31	04:06	0:40:56.05
20	70	MAŁYSZCZYK TOMASZ		M	M50	9:32.21 (18)	19:22.74 (20,-2)	29:20.45 (20)	39:20.30 (20)	41:04.82	04:07	0:41:03.76
21	67	ADAMSKI KRZYSZTOF	SMOLECKA ZADYSZKA	M	M40	9:52.27 (25)	19:41.40 (22,+3)	29:31.09 (21,+1)	39:25.76 (21)	41:06.75	04:07	0:41:04.62
22	60	CZERW KONRAD	DTR BIEGA / MARIO TEAM	M	M40	9:36.80 (20)	19:20.22 (19,+1)	29:20.01 (19)	39:33.70 (22,-3)	41:17.61	04:08	0:41:15.73
23	91	WANDYCZ MACIEJ		M	M20	9:51.05 (24)	19:51.33 (24)	29:53.38 (24)	39:42.31 (23,+1)	41:21.71	04:08	0:41:20.13
24	7	KASPRZAK KRZYSZTOF	SPEED ŻÓŁWIK	M	M50	9:31.69 (17)	19:33.85 (21,-4)	29:45.05 (22,-1)	39:53.02 (24,-2)	41:37.15	04:10	0:41:37.15
25	75	FURMAŃCZAK EMIL	ENDORFINA WSCHOWA	M	M40	10:00.41 (30)	20:00.87 (27,+3)	30:08.15 (27)	40:04.84 (25,+2)	41:44.86	04:10	0:41:42.49
26	103	RABIEGA SZCZEPAN	#BIEGAJLESZNO	M	M40	9:59.50 (29)	20:02.73 (29)	30:08.84 (28,+1)	40:10.16 (26,+2)	41:49.44	04:11	0:41:47.56
27	54	JURKOWSKA DOMINIKA	♀ ENDORFINA WSCHOWA	K	K30	10:00.70 (31)	20:01.09 (28,+3)	30:07.72 (26,+2)	40:11.60 (27,-1)	41:56.67	04:11	0:41:53.06
28	79	ADAMOWYCZ BOGUSŁAW	BOJADELSKA BRAC BIEGOWA	M	M60	9:44.05 (22)	19:49.22 (23,-1)	29:59.29 (25,-2)	40:15.18 (28,-3)	42:00.29	04:12	0:41:56.72
29	2	UŚCIŁO MICHAŁ		M	M30	9:53.62 (27)	20:00.76 (26,+1)	30:19.62 (31,-5)	40:33.48 (29,+2)	42:14.28	04:13	0:42:10.58
30	137	SADOWCZYK ŻANETA	♀ ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	K	K50	9:59.24 (28)	20:06.35 (30,-2)	30:18.96 (30)	40:40.00 (31,-1)	42:20.06	04:14	0:42:17.20
31	27	PAWLICKI STANISŁAW		M	M60	9:50.44 (23)	20:00.50 (25,-2)	30:16.71 (29,-4)	40:37.58 (30,-1)	42:23.68	04:14	0:42:23.23
32	122	ŚWIĄTEK DOMINIK		M	M30	10:18.61 (38)	20:50.20 (39,-1)	31:05.60 (36,+3)	41:03.69 (33,+3)	42:40.80	04:16	0:42:36.13
33	126	ZŁOTKOWSKI ŁUKASZ	UKS JUNIOR NIETAŹKOWO	M	M40	9:52.27 (26)	20:11.69 (32,-6)	30:34.96 (32)	40:59.72 (32)	42:49.23	04:17	0:42:46.74
34	166	SOCHA DARIUSZ	KGHM ZAKŁADY GÓRNICZE POLKOWICE SIEROSZOW	M	M50	10:26.11 (41)	20:47.83 (37,+4)	31:05.47 (35,+2)	41:17.68 (34,+1)	42:54.06	04:17	0:42:54.06
35	117	GROCHAŁA WOJCIECH	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	M	M40	10:24.61 (40)	20:49.60 (38,+2)	31:04.96 (34,+4)	41:18.58 (35,-1)	43:05.63	04:19	0:43:00.60
36	83	RAGAN PAWEŁ	KANDLEWO RUNNING TEAM	M	M30	10:03.99 (33)	20:23.08 (33)	30:48.85 (33)	41:25.98 (36,-3)	43:24.68	04:20	0:43:19.45
37	149	KUREK JAROSŁAW	ENDORFINA WSCHOWA	M	M40	10:24.50 (39)	20:55.00 (41,-2)	31:35.26 (40,+1)	41:57.94 (38,+2)	43:39.62	04:22	0:43:34.98
38	37	WOJCIECHOWSKI KAMIL	RUNNING FAMILY	M	M40	10:03.11 (32)	20:29.93 (34,-2)	31:10.41 (37,-3)	41:54.26 (37)	43:45.43	04:23	0:43:45.01
39	154	NOWACKA MARLENA	♀ JAN-MAR.PL	K	K40	10:15.30 (36)	20:46.35 (36)	31:22.47 (38,-2)	42:01.01 (39,-1)	43:45.66	04:23	0:43:43.92
40	46	NOWIŃSKI RAFAŁ	ENDORFINA WSCHOWA	M	M50	10:42.90 (54)	21:14.71 (48,+6)	31:44.61 (41,+7)	42:18.71 (41)	44:02.06	04:24	0:43:59.05

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Poz.	Nr	Nazwisko, Imię	Klub	Płeć	Kat	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
41	19	SIBILAK MICHAŁ		M	M30	10:16.19 (37)	20:52.01 (40,-3)	31:34.18 (39,+1)	42:17.64 (40,-1)	44:04.47	04:25	0:44:00.86
42	20	LIS KRZYSZTOF		M	M30	10:28.19 (43)	21:06.39 (42,+1)	31:48.09 (42)	42:30.75 (43,-1)	44:09.05	04:25	0:44:03.13
43	86	MAĆKOWIAK ELŻBIETA	♀ WOŁÓW BIEGA	K	K30	10:29.90 (46)	21:06.39 (43,+3)	31:48.49 (43)	42:23.70 (42,+1)	44:15.32	04:25	0:44:11.90
44	150	KASPRZAK KRZYSZTOF	KS KROTOSZ KROTOSZYN	M	M50	10:35.03 (48)	21:09.05 (45,+3)	31:52.81 (45)	42:37.00 (44,+1)	44:29.55	04:27	0:44:23.27
45	82	KONKOL KONRAD	35PLUS MIASTKO PRO-FIT-BIKE	M	M40	10:40.78 (51)	21:16.49 (50,+1)	31:58.68 (46,+4)	42:51.24 (45,+1)	44:37.02	04:28	0:44:37.02
46	42	BUJKO MARCIN	BW HOLDING	M	M30	10:07.75 (34)	20:46.02 (35,-1)	31:59.58 (48,-13)	42:52.05 (46,+2)	44:37.75	04:28	0:44:36.56
47	81	CZAJKA MATEUSZ	TEAM TIGER	M	M20	10:28.29 (44)	21:10.03 (46,-2)	32:07.13 (50,-4)	43:07.88 (50)	44:41.86	04:28	0:44:37.35
48	69	FURYK MATEUSZ	ENDORFINA WSCHOWA	M	M30	10:41.35 (52)	21:11.44 (47,+5)	32:04.05 (49,-2)	42:59.69 (48,+1)	44:42.10	04:28	0:44:31.83
49	157	BRYCHCY KAROL		M	M30	10:43.16 (55)	21:15.24 (49,+6)	31:50.01 (44,+5)	42:54.08 (47,-3)	44:42.58	04:28	0:44:42.58
50	129	KAPIEC ROBERT	PARKRUN LUBIN	M	M30	10:50.70 (59)	21:41.94 (56,+3)	32:37.69 (54,+2)	43:20.14 (53,+1)	44:55.14	04:29	0:44:49.37
51	29	BŁASZCZYK TOMASZ	BEZ KLUBA	M	M40	10:27.71 (42)	21:07.03 (44,-2)	31:59.32 (47,-3)	43:04.18 (49,-2)	44:57.56	04:30	0:44:57.56
52	18	GŁUSZKO KRZYSZTOF		M	M30	10:45.90 (57)	21:34.19 (54,+3)	32:27.41 (53,+1)	43:13.57 (51,+2)	44:59.25	04:30	0:44:54.74
53	62	SÓJKA RAFAŁ	KS KROTOSZ KROTOSZYN	M	M50	10:47.38 (58)	21:32.80 (52,+6)	32:24.28 (51,+1)	43:19.71 (52,-1)	45:08.19	04:31	0:45:08.19
54	102	RABIEGA MONIKA	♀ #BIEGAJLESZNO	K	K40	10:28.48 (45)	21:21.53 (51,-6)	32:26.53 (52,-1)	43:39.73 (54,-2)	45:39.56	04:34	0:45:37.71
55	10	PAWLICKI MICHAŁ	ENDORFINY WĄSOSZ	M	M30	10:35.81 (49)	21:33.41 (53,-4)	32:47.82 (55,-2)	44:03.98 (55)	46:00.32	04:36	0:45:57.46
56	76	UJEJSKA DANUTA	♀ #BIEGAJLESZNO	K	K40	10:32.50 (47)	21:42.92 (57,-10)	33:03.02 (56,+1)	44:24.00 (56)	46:20.09	04:38	0:46:18.08
57	16	TWARKOWSKI ŁUKASZ		M	M30	11:29.16 (78)	22:20.65 (67,+11)	33:30.57 (60,+7)	44:40.29 (57,+3)	46:22.03	04:38	0:46:11.00
58	26	LIS DANIEL	ENDORFINY WĄSOSZ	M	M40	10:52.38 (61)	21:59.38 (59,+2)	33:29.43 (59)	44:42.59 (60,-1)	46:32.88	04:39	0:46:30.02
59	78	TWARDY DAMIAN		M	M20	11:04.02 (65)	22:11.82 (61,+4)	33:27.12 (57,+4)	44:41.41 (58,-1)	46:35.78	04:40	0:46:24.92
60	160	RZAŚA KRZYSZTOF		M	M40	11:04.80 (66)	22:20.17 (66)	33:43.28 (63,+3)	44:42.05 (59,+4)	46:36.02	04:40	0:46:27.32
61	15	TADLA WIKTOR		M	M40	11:48.92 (88)	23:05.75 (74,+14)	34:10.87 (68,+6)	45:08.64 (62,+6)	46:54.11	04:41	0:46:45.31
62	9	RYBCZYK JAROSŁAW	KLUB SPORTOWY ENDORFINY	M	M40	10:51.90 (60)	21:58.93 (58,+2)	33:29.07 (58)	44:52.62 (61,-3)	46:55.07	04:41	0:46:51.78
63	53	JANCZ ROBERT	ENDORFINA WSCHOWA	M	M40	10:45.81 (56)	22:08.97 (60,-4)	33:45.30 (64,-4)	45:11.93 (64)	47:03.28	04:42	0:47:00.17
64	58	WUJCZAK BARTOSZ		M	M30	11:00.93 (64)	22:17.38 (63,+1)	33:40.97 (62,+1)	45:11.39 (63,-1)	47:04.24	04:43	0:47:02.17
65	106	GLINA TOMASZ	SPRINTEM DO LODÓWKI	M	M40	11:18.13 (70)	22:33.00 (68,+2)	33:56.93 (66,+2)	45:20.80 (65,+1)	47:17.99	04:44	0:47:11.46
66	30	GŁUSZKO KRZYSZTOF	MIRA TEAM	M	M60	10:53.46 (62)	22:19.04 (65,-3)	34:02.29 (67,-2)	45:43.70 (67)	47:36.10	04:46	0:47:33.15
67	21	KRZYSZCZUK KAMIL		M	M30	10:39.23 (50)	21:41.31 (55,-5)	33:39.70 (61,-6)	45:42.27 (66,-5)	47:40.44	04:46	0:47:36.83
68	38	LEWIŃSKI SŁAWOMIR		M	M40	10:54.32 (63)	22:16.74 (62,+1)	33:49.75 (65,-3)	45:44.99 (68,-3)	47:46.23	04:47	0:47:41.39
69	74	TEODOROWSKI TOMASZ		M	M40	11:45.40 (86)	23:11.39 (79,+7)	34:35.09 (71,+8)	45:57.00 (70,+1)	47:47.45	04:47	0:47:37.62
70	94	SIBILAK BARTOSZ	POLONIA BIELANY WROCŁAWSKIE	M	M40	11:08.02 (68)	22:55.10 (69,-1)	34:39.68 (73,-4)	45:56.61 (69,+4)	47:52.76	04:47	0:47:49.90
71	161	LESIAK WOJTEK	SMECZ GÓRA	M	M40	11:36.72 (81)	23:05.95 (75,+6)	34:36.88 (72,+3)	45:58.97 (71,+1)	47:55.65	04:47	0:47:47.91
72	45	BRYCHCY DARIUSZ	ENDORFINA WSCHOWA	M	M40	11:21.50 (72)	22:56.84 (70,+2)	34:34.07 (70)	46:16.24 (72,-2)	48:13.73	04:49	0:48:08.89
73	44	CHOCIAJ DANIEL		M	M40	11:07.16 (67)	23:25.87 (82,-15)	34:58.82 (78,+4)	46:23.38 (73,+5)	48:19.29	04:50	0:48:16.89
74	89	MICHONSKA IZABELA	♀ WOŁÓW BIEGA	K	K50	11:21.17 (71)	23:06.59 (76,-5)	34:55.52 (76)	46:28.43 (75,+1)	48:26.29	04:50	0:48:22.26
75	32	JAZ ŁUKASZ		M	M30	10:41.97 (53)	22:18.35 (64,-11)	34:15.31 (69,-5)	46:25.06 (74,-5)	48:32.82	04:51	0:48:27.43
76	105	BURDAJEWICZ KATARZYNA	♀ #ZALINIĄMETY	K	K50	11:28.51 (77)	23:02.28 (72,+5)	34:46.38 (75,-3)	46:34.15 (76,-1)	48:37.17	04:52	0:48:32.53
77	97	GOŚCINIĄK JACEK		M	M40	11:37.28 (82)	23:13.50 (80,+2)	35:03.72 (79,+1)	46:49.70 (79)	48:44.41	04:52	0:48:38.64
78	3	ĆWIAN MARCIN		M	M40	11:23.02 (73)	23:09.52 (77,-4)	34:56.40 (77)	46:49.14 (78,-1)	48:45.38	04:53	0:48:35.11
79	118	GOŚCINIĄK MACIEJ		M	M40	11:26.46 (75)	22:57.93 (71,+4)	34:44.57 (74,-3)	46:48.85 (77,-3)	48:57.46	04:54	0:48:51.02
80	1	JANOWSKI PRZEMYSŁAW	TAKŻE TEGO...	M	M40	11:08.41 (69)	23:05.03 (73,-4)	35:06.81 (80,-7)	47:01.88 (81,-1)	48:58.43	04:54	0:48:54.67

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81	134	NOWAK SZYMON	VELOCE TEAM LESZNO	M	M40	12:03.85 (94)	23:58.41 (89,+5)	35:43.92 (86,+3)	47:00.53 (80,+6)	49:03.75	04:54	0:48:56.61
82	146	ŚLIWA MARCIN	KGHM ZG RUN	M	M40	12:00.22 (92)	24:02.07 (90,+2)	35:50.67 (88,+2)	47:08.07 (82,+6)	49:06.65	04:55	0:48:56.46
83	17	KOSEK MATEUSZ	SPINKO LESZNO	M	M30	11:28.02 (76)	23:29.40 (84,-8)	35:30.43 (82,+2)	47:11.57 (83,-1)	49:07.86	04:55	0:49:02.12
84	73	PLUTA PIOTR		M	M30	11:49.36 (89)	23:44.31 (86,+3)	35:36.67 (84,+2)	47:12.48 (84)	49:08.34	04:55	0:49:08.34
85	95	PALICKA AGNIESZKA	♀ ENDORFINA WSCHOWA	K	K20	11:44.62 (85)	23:38.25 (85)	35:31.65 (83,+2)	47:21.95 (85,-2)	49:18.01	04:56	0:49:12.24
86	33	POJASEK TERESA	♀	K	K60	11:33.24 (79)	23:29.30 (83,-4)	35:25.65 (81,+2)	47:29.23 (86,-5)	49:34.20	04:58	0:49:29.06
87	28	BŁĄŻEJSKI KAMIL		M	M20	11:35.42 (80)	23:09.94 (78,+2)	35:46.65 (87,-9)	47:58.39 (87)	49:40.01	04:58	0:49:30.85
88	107	PRAWUCKA PAULINA	♀ SPRINTEM DO LODÓWKI	K	K30	12:03.53 (93)	23:57.86 (88,+5)	35:55.21 (89,-1)	48:02.85 (88,+1)	50:07.05	05:01	0:50:01.28
89	11	PROKOPCZYK MARCIN		M	M40	11:47.54 (87)	24:06.33 (91,-4)	36:29.25 (92,-1)	48:38.83 (90,+2)	50:39.42	05:04	0:50:37.02
90	144	WIESŁAWSKA MONIKA	♀	K	K40	11:23.13 (74)	23:20.42 (81,-7)	35:43.06 (85,-4)	48:35.22 (89,-4)	50:49.31	05:05	0:50:44.31
91	99	DZIEDZIC PIOTR	RUNNING TEAM MILICZ	M	M50	11:38.11 (83)	24:18.25 (92,-9)	36:21.25 (91,+1)	48:48.76 (92,-1)	50:51.00	05:05	0:50:51.00
92	151	JARUZEL JAN	KS KROTOSZ KROTOSZYN	M	M50	11:59.69 (91)	23:52.26 (87,+4)	36:02.60 (90,-3)	48:44.60 (91,-1)	50:55.11	05:05	0:50:48.08
93	112	GALANT JAREK	SIELEC STARY TEAM	M	M30	12:11.50 (96)	24:20.55 (93,+3)	36:42.39 (93)	49:03.83 (93)	51:08.63	05:07	0:51:05.02
94	57	PRZYBYLSKA EWELINA	♀ ENDORFINA WSCHOWA	K	K40	12:12.17 (98)	24:20.66 (94,+4)	36:42.57 (94)	49:08.13 (94)	51:15.15	05:07	0:51:07.18
95	55	DROBIŃSKA JOANNA	♀ ENDORFINA WSCHOWA	K	K30	12:16.19 (101)	24:51.03 (99,+2)	37:23.77 (97,+2)	50:00.20 (95,+2)	52:09.71	05:13	0:52:02.96
96	36	JANKOWSKI PIOTR		M	M50	12:12.41 (99)	24:41.43 (97,+2)	37:30.69 (99,-2)	50:20.22 (97,+2)	52:24.21	05:14	0:52:17.52
97	50	KOWALCZYK SANDRA	♀ ENDORFINA WSCHOWA	K	K30	12:26.20 (105)	25:02.00 (104,+1)	37:45.45 (102,+2)	50:24.02 (99,+3)	52:25.17	05:14	0:52:18.48
98	138	BOROWSKI DAMIAN	CIESIÓŁKA AUTO GROUP	M	M40	12:08.27 (95)	24:51.03 (98,-3)	37:23.62 (96,+2)	50:00.66 (96)	52:28.08	05:15	0:52:19.84
99	90	MUSIELAK WIOLETA	♀	K	K50	11:38.11 (84)	24:22.21 (95,-11)	37:21.24 (95)	50:20.47 (98,-3)	52:29.29	05:15	0:52:24.51
100	6	FEDOROWICZ DARIUSZ		M	M30	12:22.60 (104)	24:57.30 (103,+1)	37:42.22 (101,+2)	50:30.24 (100,+1)	52:39.67	05:16	0:52:30.42
101	12	STODOŁA AGATA	♀	K	K20	12:21.62 (103)	24:54.50 (100,+3)	37:41.94 (100)	50:33.38 (101,-1)	52:44.26	05:16	0:52:39.26
102	115	MAISON JOLANTA	♀ KROKUS-ASTROMAL LESZNO	K	K50	11:58.02 (90)	24:39.98 (96,-6)	37:29.71 (98,-2)	50:40.45 (102,-4)	52:55.62	05:17	0:52:55.17
103	43	STUPAK KRZYSZTOF		M	M40	13:01.38 (109)	25:50.64 (108,+1)	38:26.28 (105,+3)	51:01.17 (103,+2)	53:01.42	05:18	0:52:52.33
104	34	CHRZANOWSKA NATALIA	♀	K	K20	13:00.66 (107)	25:49.10 (106,+1)	38:34.45 (107,-1)	51:08.94 (105,+2)	53:13.03	05:19	0:53:13.03
105	152	DĄBROWSKI JERZY	DRUŻYNA SZPIKU KGHM	M	M+70	12:13.76 (100)	24:55.30 (102,-2)	37:57.09 (104,-2)	51:09.38 (106,-2)	53:24.15	05:20	0:53:24.15
106	113	FABJAŃSKI AUGUSTYN	AKTYWNI KLECINA	M	M60	12:11.83 (97)	24:54.72 (101,-4)	37:54.61 (103,-2)	51:08.85 (104,-1)	53:25.84	05:20	0:53:20.23
107	98	KONOPSKI JERZY		M	M60	12:16.76 (102)	25:07.76 (105,-3)	38:27.20 (106,-1)	51:51.24 (108,-2)	53:56.56	05:23	0:53:51.01
108	40	DUDZIŃSKA MAŁGORZATA	♀	K	K50	13:00.75 (108)	25:49.21 (107,+1)	38:44.58 (108,-1)	51:48.50 (107,+1)	53:59.46	05:24	0:53:50.57
109	14	HERNANDEZ DE LUIS JORGE		M	M30	13:15.42 (117)	26:16.67 (111,+6)	39:20.69 (111)	52:14.53 (109,+2)	54:24.36	05:26	0:54:18.23
110	13	BUKOWSKA ADRIANNA	♀	K	K30	13:15.55 (118)	26:16.67 (112,+6)	39:20.47 (110,+2)	52:14.53 (110)	54:24.36	05:26	0:54:18.37
111	31	IWANICKI JERZY	PADALEC KRUSZYNIEC	M	M60	13:01.91 (110)	25:57.96 (109,+1)	39:05.09 (109)	52:31.78 (111,-2)	54:46.11	05:29	0:54:35.98
112	111	KORBUSZEWSKI ARKADIUSZ		M	M20	13:00.55 (106)	25:59.55 (110,-4)	39:58.04 (112,-2)	53:13.70 (112)	55:19.45	05:32	0:55:13.68
113	116	GROCHAŁA ANNA	♀ WŚCIEKŁY ROBAK	K	K30	13:14.47 (116)	26:26.35 (113,+3)	40:00.73 (113)	53:29.17 (113)	55:39.24	05:34	0:55:32.80
114	155	KAMIŃSKI WIESŁAW		M	M50	13:02.38 (111)	26:27.22 (114,-3)	40:08.40 (114)	53:39.67 (114)	55:55.89	05:35	0:55:54.31
115	125	SZYMAŃSKI ADAM	KS KROTOSZ KROTOSZYN	M	M50	13:12.75 (114)	26:30.41 (115,-1)	40:09.10 (115)	53:48.27 (115)	56:04.10	05:37	0:55:53.21
116	77	UJEJSKI ROBERT		M	M50	13:24.49 (119)	26:58.10 (118,+1)	40:43.46 (117,+1)	54:27.64 (116,+1)	56:35.03	05:40	0:56:27.40
117	41	POTOCZNY ŁUKASZ		M	M40	13:13.31 (115)	26:44.79 (116,-1)	40:41.19 (116)	54:30.60 (117,-1)	56:41.80	05:40	0:56:31.22
118	110	GARBOWSKA MAŁGORZATA	♀	K	K20	13:39.83 (125)	28:01.78 (126,-1)	41:39.41 (121,+5)	55:01.38 (118,+3)	57:05.46	05:43	0:57:00.86
119	35	WENCEL SYLWIA	♀	K	K40	13:37.23 (123)	27:26.32 (120,+3)	41:26.54 (120)	55:28.12 (119,+1)	57:46.78	05:47	0:57:38.90
120	48	JURKÓW MAGDALENA	♀	K	K40	13:08.88 (112)	26:52.27 (117,-5)	41:19.23 (118,-1)	55:57.13 (121,-3)	58:23.74	05:50	0:58:18.13

XXXI Ogólnopolski Bieg Niepodległości 2024

Ośrodek Kultury Fizycznej w Górze · poniedziałek, 11 listopada 2024

Wyniki końcowe - BG

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	Kat	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
121	156	WOJTASZEK MICHAŁ		M	M40	13:49.76 (127)	27:46.19 (121,+6)	41:55.64 (122,-1)	56:20.39 (123,-1)	58:41.13	05:52	0:58:27.41
122	139	MACHOWSKI EDWARD	WOŁÓW BIEGA	M	M+70	13:50.95 (128)	27:48.55 (122,+6)	41:57.23 (123,-1)	56:12.96 (122,+1)	58:46.93	05:53	0:58:38.62
123	119	LEWANDOWSKA MAŁGORZATA ♀		K	K60	13:35.17 (121)	27:22.55 (119,+2)	41:21.12 (119)	55:35.17 (120,-1)	58:48.87	05:53	0:58:45.55
124	164	FRANEK KAMELIA ♀	BRAK	K	K30	14:49.48 (133)	29:04.89 (128,+5)	43:20.62 (126,+2)	57:00.44 (124,+2)	59:21.23	05:56	0:59:21.23
125	163	NOWAK RAFAŁ	BRAK	M	M60	13:45.81 (126)	28:05.71 (127,-1)	42:48.96 (125,+2)	57:15.31 (125)	59:45.87	05:59	0:59:35.29
126	109	GARBOWSKA EWELINA ♀		K	K30	13:39.65 (124)	28:01.69 (125,-1)	42:43.30 (124,+1)	57:41.46 (126,-2)	1:00:09.53	06:01	1:00:04.93
127	168	OPIOŁA IWONA ♀		K	K30	15:07.64 (137)	30:25.83 (133,+4)	45:01.85 (132,+1)	58:18.66 (127,+5)	1:00:42.87	06:04	1:00:35.95
128	167	SOKOŁOWSKI JAKUB	2. WOJSKOWY SZPITAL POLOWY	M	M30	15:07.53 (136)				1:00:46.99	06:05	1:00:39.49
129	63	KUBISIAK JULIA ♀	KS KROTOSZ KROTOSZYN	K	K20	14:45.37 (132)	29:34.09 (131,+1)	44:16.34 (129,+2)	58:46.86 (128,+1)	1:00:58.08	06:06	1:00:47.86
130	64	JAROSIK MATEUSZ		M	M20	13:12.09 (113)	27:58.36 (123,-10)	43:58.91 (128,-5)	59:34.00 (129,-1)	1:01:46.61	06:11	1:01:40.02
131	59	JAROSIK MAŁGORZATA ♀	MAŁGORZATA JAROSIK	K	K40	13:36.98 (122)	28:00.09 (124,-2)	43:57.22 (127,-3)	59:47.49 (130,-3)	1:02:15.58	06:13	1:02:09.81
132	47	DZIEKAŃSKA IZABELA ♀	ENDORFINA WSCHOWA	K	K30	14:17.99 (130)	29:26.68 (130)	44:53.87 (131,-1)	1:00:15.34 (131)	1:02:35.37	06:16	1:02:27.49
133	51	JANCZ JOANNA ♀	ENDORFINA WSCHOWA	K	K40	14:17.99 (129)	29:26.59 (129)	44:53.77 (130,-1)	1:00:27.72 (132,-2)	1:03:02.42	06:18	1:02:54.79
134	123	TYCZYŃSKI PIOTR	KS KROTOSZ KROTOSZYN	M	M50	14:18.96 (131)	31:39.29 (139,-8)	46:18.27 (133,+6)	1:00:57.38 (133)	1:03:25.59	06:20	1:03:18.12
135	141	WIŚNIEWSKA-GŁUSZKO PATRYCJA ♀	MIRA TEAM	K	K20	15:59.26 (140)	31:37.73 (137,+3)	47:23.01 (138,-1)	1:02:15.06 (134,+4)	1:04:35.31	06:28	1:04:23.59
136	140	GŁUSZKO MICHAŁ	MIRA TEAM	M	M30	15:58.99 (139)	31:38.23 (138,+1)	47:23.10 (139,-1)	1:02:15.18 (135,+4)	1:04:35.31	06:28	1:04:22.54
137	39	ARENDARCZYK RAFAŁ	SMECZ GÓRA	M	M50	13:32.89 (120)	29:57.92 (132,-12)	46:41.42 (135,-3)	1:03:13.85 (137,-2)	1:05:44.07	06:34	1:05:41.52
138	92	PACEWICZ ALEKSANDRA ♀		K	K40	15:12.42 (138)	30:30.74 (134,+4)	46:40.52 (134)	1:03:13.19 (136,-2)	1:06:09.68	06:37	1:06:00.27
139	135	SAWICKA HONORATA ♀	CROSSOWA GRUPA BIEGOWA	K	K40	15:06.20 (135)	30:41.10 (136,-1)	47:17.48 (137,-1)	1:03:39.76 (139,-2)	1:06:12.58	06:37	1:06:03.63
140	136	SAWICKI KAROL	CROSSOWA GRUPA BIEGOWA	M	M40	15:05.50 (134)	30:40.80 (135,-1)	47:16.88 (136,-1)	1:03:38.84 (138,-2)	1:06:12.81	06:37	1:06:04.29
141	25	FRAĆKOWIAK ALEKSANDRA ♀		K	K30	17:23.16 (142)	35:58.51 (141,+1)	54:13.96 (140,+1)	1:11:54.80 (141,-1)	1:15:02.86	07:30	1:14:54.22
142	24	OSMOLSKA ALEKSANDRA ♀		K	K50	17:23.05 (141)	35:58.41 (140,+1)	54:15.50 (141,-1)	1:11:54.55 (140,+1)	1:15:03.11	07:30	1:14:54.31
143	124	MAĆKOWIAK WALERY	KS KROTOSZ KROTOSZYN	M	M+70	17:48.84 (143)	36:37.01 (142,+1)	56:14.37 (142)	1:16:04.90 (142)	1:19:27.68	07:56	1:19:17.01