

XXX Ogólnopolski Bieg Niepodległości 2023

Ośrodek Kultury Fizycznej w Górze · sobota, 11 listopada 2023

Wyniki końcowe - BG · 4 stron

Poz.	Numer	Nazwisko, imię	Płeć	Klub	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
1	5	ROMANIUK BARTOSZ	M	ENDORFINA WSCHOWA	7:59.06 (1)	16:02.41 (1)	24:00.34 (1)	32:04.66 (1)	33:22.86	03:20	0:33:21.64
2	82	OWCZAREK TOMASZ	M	SPORTOWI AMATORZY	8:06.31 (2)	16:33.19 (2)	25:12.42 (2)	33:54.18 (2)	35:22.93	03:32	0:35:21.72
3	149	FRANCZAK MARIUSZ	M	DTR BIEGA / MARIO TEAM	8:13.61 (3)	16:51.20 (3)	25:38.52 (3)	34:25.04 (3)	35:52.59	03:35	0:35:51.70
4	6	PERDION PAWEŁ	M	TEMPO DZIDA	8:30.59 (4)	17:16.83 (4)	26:03.86 (4)	34:49.09 (5,-1)	36:13.00	03:37	0:36:13.00
5	150	MAREK DANIEL	M	KS KROTOSZ KROTOSZYN/JESTEM OD ROMKA	8:30.67 (5)	17:17.08 (5)	26:04.34 (5)	34:48.95 (4,+1)	36:19.29	03:38	0:36:18.07
6	109	FURMAN JAKUB	M	WITKOWSKI RUNNING TEAM	8:41.87 (6)	17:47.71 (6)	26:58.35 (6)	35:50.89 (6)	37:20.59	03:44	0:37:19.74
7	114	NOWACZYK PIOTR	M		9:01.50 (15)	18:03.08 (12,+3)	27:03.84 (10,+2)	35:52.43 (7,+3)	37:24.94	03:44	0:37:21.82
8	75	SERAFIN PIOTR	M	35MINUT.PL	8:54.96 (8)	17:55.74 (8)	27:00.94 (8)	36:03.27 (8)	37:35.05	03:46	0:37:32.96
9	115	MAREK ARTUR	M	KS KROTOSZ KROTOSZYN	8:55.05 (9)	17:55.67 (7,+2)	27:00.49 (7)	36:03.54 (9,-2)	37:37.13	03:46	0:37:35.20
10	125	FRĄCKOWIAK RAFAŁ	M	SB DOGORYWANKO	8:55.46 (10)	17:56.26 (9,+1)	27:01.56 (9)	36:12.51 (10,-1)	37:44.00	03:46	0:37:41.10
11	129	POSACKI ZBIGNIEW	M	WOŁÓW BIEGA	9:00.40 (13)	18:02.71 (11,+2)	27:15.21 (11)	36:24.01 (11)	37:53.53	03:47	0:37:51.72
12	86	TERENIUK PRZEMYSŁAW	M	DTR BIEGA / MARIO TEAM	8:59.10 (11)	18:11.99 (13,-2)	27:30.76 (12,+1)	36:38.53 (12)	38:08.25	03:49	0:38:05.80
13	122	KULCZYCKI RAFAŁ	M	PARKRUN LUBIN	9:02.26 (16)	18:12.80 (14,+2)	27:31.37 (13,+1)	36:47.03 (13)	38:17.75	03:50	0:38:07.12
14	84	GARBOWSKI RAFAŁ	M	LKS SPARTA PARSZOWICE	8:49.85 (7)	18:01.36 (10,-3)	27:42.15 (14,-4)	37:14.06 (14)	38:49.30	03:53	0:38:47.68
15	116	KĄŻMIERCZAK BORYS	M	ADAM NOWICKI TEAM	9:14.62 (20)	18:40.54 (17,+3)	28:06.33 (16,+1)	37:22.40 (16)	38:51.83	03:53	0:38:49.83
16	1	CHOMA KATARZYNA	♀	K KARKONOSZ RUNNING TEAM	9:00.66 (14)	18:16.72 (15,-1)	27:42.85 (15)	37:19.48 (15)	38:59.08	03:54	0:38:56.87
17	94	JANOWICZ ROMAN	M		9:22.29 (27)	18:44.76 (19,+8)	28:09.36 (17,+2)	37:29.91 (17)	39:07.13	03:55	0:39:03.85
18	165	ANTOSZKÓW MATEUSZ	M		9:19.55 (25)	18:46.54 (20,+5)	28:16.24 (19,+1)	37:46.62 (19)	39:15.32	03:55	0:39:13.04
19	87	CZERW KONRAD	M	DTR BIEGA / MARIO TEAM	9:00.08 (12)	18:31.53 (16,-4)	28:11.04 (18,-2)	37:41.00 (18)	39:17.78	03:56	0:39:17.78
20	106	KĘDZIA BARTŁOMIEJ	M	#SZYMANOWSKI TEAM	9:16.31 (21)	18:40.94 (18,+3)	28:25.59 (20,-2)	38:12.81 (20)	39:50.94	03:59	0:39:49.09
21	81	KUCZERA NATALIA	♀	K	9:38.73 (30)	19:18.36 (26,+4)	28:55.84 (24,+2)	38:22.08 (22,+2)	39:54.30	03:59	0:39:51.39
22	72	MAŁYSZCZYK TOMASZ	M		9:18.53 (23)	18:48.81 (22,+1)	28:30.10 (21,+1)	38:17.24 (21)	39:56.10	03:59	0:39:55.85
23	79	NOWACKI ROMAN	M	JUTROSINSKI KLUB BIEGACZY	9:09.32 (18)	18:46.61 (21,-3)	28:40.21 (22,-1)	38:38.21 (23,-1)	40:16.45	04:02	0:40:14.35
24	9	UŚCIŁO MICHAŁ	M		9:12.68 (19)	19:02.18 (24,-5)	29:06.04 (25,-1)	38:56.23 (25)	40:28.44	04:03	0:40:28.19
25	112	MICHALSKI MARIAN	M		9:16.60 (22)	18:53.65 (23,-1)	28:52.95 (23)	38:55.06 (24,-1)	40:36.10	04:04	0:40:36.10
26	68	ŚCISŁO PRZEMYSŁAW	M	WITKOWSKI RUNNING TEAM	9:35.13 (28)	19:27.07 (27,+1)	29:25.57 (26,+1)	39:20.04 (26)	40:58.23	04:06	0:40:54.45
27	41	PAWLICKI MICHAŁ	M	JUTROSINSKI KLUB BIEGACZY	9:18.86 (24)	19:13.64 (25,-1)	29:40.22 (27,-2)	39:53.66 (27)	41:32.77	04:09	0:41:30.22
28	103	ŻYGADŁO TADEUSZ	M	WOŁÓW BIEGA	9:38.54 (29)	19:36.30 (29)	29:45.22 (28,+1)	39:54.04 (28)	41:34.97	04:10	0:41:31.24
29	2	JURKOWSKA DOMINIKA	♀	ENDORFINA WSCHOWA	9:56.33 (36)	19:59.06 (36)	30:02.74 (32,+4)	40:00.01 (29,+3)	41:38.85	04:10	0:41:38.85
30	40	CHODKOWSKI KRZYSZTOF	M		10:07.65 (44)	20:18.90 (38,+6)	30:27.55 (36,+2)	40:20.16 (35,+1)	41:51.32	04:11	0:41:47.46
31	85	RABIEGA SZCZEPAN	M	#BIEGAJLESZNO	10:00.35 (40)	20:10.82 (37,+3)	30:17.76 (35,+2)	40:16.76 (32,+3)	41:53.78	04:11	0:41:50.23
32	164	SADOWCZYK ŻANETA	♀	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	9:46.95 (32)	19:48.02 (31,+1)	29:59.41 (30,+1)	40:14.62 (30)	41:54.25	04:11	0:41:54.25
33	83	ADAMSKI KRZYSZTOF	M	ZA10 SMOLEC	9:58.91 (38)	19:56.56 (34,+4)	30:03.77 (33,+1)	40:16.52 (31,+2)	41:56.76	04:11	0:41:52.10
34	11	KASPRZAK KRZYSZTOF	M	SPEED ŻÓŁWIK	9:21.97 (26)	19:32.16 (28,-2)	29:51.83 (29,-1)	40:19.07 (34,-5)	42:03.63	04:12	0:42:02.05
35	70	ADAMOWYCZ BOGUSŁAW	M	BOJADELSKA BRAĆ BIEGOWA	9:46.34 (31)	19:47.71 (30,+1)	30:01.09 (31,-1)	40:19.03 (33,-2)	42:04.85	04:13	0:42:04.85
36	44	SOBCZAK HUBERT	M	AKRA-PRODUCENT ZABAWEK	9:48.23 (34)	19:52.93 (32,+2)	30:06.58 (34,-2)	40:25.04 (36,-2)	42:05.16	04:13	0:42:01.25
37	57	PAWLICKI RAFAŁ	M		10:17.20 (47)	20:31.33 (44,+3)	30:47.98 (42,+2)	40:56.08 (37,+5)	42:36.80	04:16	0:42:31.61
38	14	MADERA DAWID	M		9:47.59 (33)	19:54.84 (33)	30:28.06 (37,-4)	41:10.64 (40,-3)	42:50.07	04:17	0:42:47.01
39	91	SOCHA MARCIN	M	WOŁÓW BIEGA	10:03.80 (41)	20:22.94 (41)	30:46.15 (40,+1)	41:06.46 (38,+2)	42:53.94	04:17	0:42:50.77
40	117	JUSZCZAK WŁODZIMIERZ	M	AKTYWNY OSTRZESZOW	10:07.08 (42)	20:20.86 (39,+3)	30:44.87 (39)	41:09.06 (39)	42:56.83	04:17	0:42:49.43

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Poz.	Numer	Nazwisko, imię	Płeć	Klub	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto	
41	162	SZUMSKI ŁUKASZ	M		9:59.69 (39)	20:21.86 (40,-1)	30:46.94 (41,-1)	41:13.63 (41)	43:02.38	04:18	0:43:02.38	
42	10	BŁASZCZYK TOMASZ	M		9:49.15 (35)	19:58.89 (35)	30:29.46 (38,-3)	41:16.11 (42,-4)	43:03.38	04:18	0:43:03.38	
43	104	KONKOL KONRAD	M	PRO- FIT-BIKE MIASTKO	10:08.31 (45)	20:22.98 (42,+3)	30:54.40 (43,-1)	41:32.80 (43)	43:21.05	04:20	0:43:15.68	
44	99	ŻOŁĘDZIEWSKA KAMILA	♀	K	KGHM ZG RUN	9:58.64 (37)	20:30.01 (43,-6)	31:11.57 (44,-1)	41:51.49 (44)	43:30.08	04:21	0:43:27.58
45	67	GLINA TOMASZ	M	SPRINTEM DO LODÓWKI DIETETYK PAULINA	10:30.50 (53)	21:04.60 (47,+6)	31:44.10 (47)	42:15.55 (47)	43:59.29	04:24	0:43:56.96	
46	113	SOBERA JAN	M	MLKS ECHO TWARDOGÓRA	10:25.32 (49)	21:03.67 (46,+3)	31:40.59 (46)	42:10.58 (45,+1)	43:59.38	04:24	0:43:59.38	
47	145	KACZMAREK ANNA	♀	K	10:08.49 (46)	20:43.58 (45,+1)	31:27.91 (45)	42:14.29 (46,-1)	44:05.07	04:25	0:44:05.07	
48	119	UJEJSKA DANUTA	♀	K	#BIEGAJLESZNO	10:24.51 (48)	21:05.09 (48)	32:05.41 (48)	43:03.52 (48)	44:56.12	04:29	0:44:56.12
49	89	BIAŁY JAROSŁAW	M	ENDORFINA WSCHOWA	10:07.13 (43)	21:11.79 (49,-6)	32:09.66 (49)	43:35.74 (50,-1)	45:15.44	04:32	0:45:10.86	
50	3	RABIEGA MONIKA	♀	K	#BIEGAJLESZNO	10:26.27 (50)	21:18.49 (50)	32:22.13 (50)	43:27.84 (49,+1)	45:19.11	04:32	0:45:17.36
51	4	PRAWUCKA PAULINA	♀	K	SPRINTEM DO LODÓWKI DIETETYK PAULINA	10:31.29 (54)	21:18.78 (51,+3)	32:25.98 (51)	43:42.37 (51)	45:36.41	04:34	0:45:32.77
52	159	OŻYGAŁA PIOTR	M	BRAK	10:29.95 (52)	21:28.08 (52)	32:44.87 (52)	43:54.72 (52)	45:44.26	04:34	0:45:44.26	
53	135	PIASECKI MICHAŁ	M	GRUBIKO	10:32.47 (55)	21:44.38 (55)	32:56.77 (53,+2)	43:59.75 (53)	45:47.26	04:35	0:45:41.63	
54	71	BUJKO MARCIN	M	NIEZRZESZONY	10:37.74 (58)	21:38.75 (54,+4)	32:58.80 (54)	44:19.69 (54)	46:07.51	04:37	0:46:03.49	
55	166	JANOWICZ JERZY	M		10:55.74 (64)	22:10.67 (62,+2)	33:21.37 (57,+5)	44:35.10 (56,+1)	46:24.42	04:38	0:46:22.68	
56	15	WOJCIECHOWSKI KAMIL	M	RUNNING FAMYLI	10:29.55 (51)	21:36.75 (53,-2)	33:03.31 (55,-2)	44:32.08 (55)	46:28.92	04:39	0:46:27.47	
57	8	OLEJNIK AGNIESZKA	♀	K	ENDORFINY WAŚOSZ	10:32.64 (56)	21:48.14 (56)	33:11.54 (56)	44:40.10 (57,-1)	46:36.77	04:40	0:46:33.12
58	110	WUJCZAK BARTOSZ	M		10:57.10 (65)	22:16.79 (64,+1)	33:47.42 (63,+1)	45:01.76 (58,+5)	46:53.20	04:41	0:46:49.86	
59	34	TADLA WIKTOR	M		11:39.64 (88)	22:59.82 (75,+13)	34:11.89 (69,+6)	45:14.88 (60,+9)	46:59.27	04:42	0:46:50.09	
60	151	JANKOWSKI PIOTR	M		11:08.28 (67)	22:17.18 (66,+1)	33:48.54 (64,+2)	45:16.53 (62,+2)	47:00.08	04:42	0:46:54.02	
61	33	GLUSZKO KRZYSZTOF	M	MIRA TEAM	10:44.10 (62)	22:03.19 (59,+3)	33:39.88 (59)	45:15.84 (61,-2)	47:00.91	04:42	0:46:58.46	
62	160	WANDYCZ MACIEJ	M		11:36.25 (86)	23:10.85 (80,+6)	34:33.87 (74,+6)	45:21.36 (64,+10)	47:01.76	04:42	0:46:56.03	
63	31	RYBCZYK JAROSŁAW	M	ENDORFINY WAŚOSZ	10:40.82 (60)	22:04.33 (60)	33:31.41 (58,+2)	45:05.93 (59,-1)	47:03.62	04:42	0:46:59.37	
64	95	ZAJĄC-SOBCZAK MARTA	♀	K	DĄBROWSKI TEAM	11:13.15 (72)	22:39.16 (67,+5)	34:02.87 (67)	45:24.37 (65,+2)	47:06.28	04:43	0:47:02.55
65	28	GLUSZKO KRZYSZTOF	M		10:36.39 (57)	21:55.14 (57)	33:40.56 (60,-3)	45:27.62 (66,-6)	47:10.61	04:43	0:47:08.06	
66	144	BATOR ALEKSANDRA	♀	K	11:00.56 (66)	22:16.79 (65,+1)	33:46.81 (62,+3)	45:21.31 (63,-1)	47:15.58	04:43	0:47:10.45	
67	139	DROZDOWSKI JACEK	M		10:39.44 (59)	22:01.20 (58,+1)	33:41.80 (61,-3)	45:30.04 (68,-7)	47:20.36	04:44	0:47:13.64	
68	54	BROJEK ROBERT	M	SMECZ GÓRA	11:29.35 (84)	22:47.63 (71,+13)	34:05.26 (68,+3)	45:28.24 (67,+1)	47:26.98	04:44	0:47:18.66	
69	148	ŚWIĄTEK DOMINIK	M		11:35.04 (85)	23:10.85 (79,+6)	34:35.04 (76,+3)	45:48.82 (69,+7)	47:27.78	04:44	0:47:22.49	
70	121	KAPIEC ROBERT	M	PARKRUN LUBIN	11:19.31 (76)	22:16.60 (63,+13)	34:01.04 (66,-3)	45:50.53 (70,-4)	47:41.17	04:46	0:46:45.41	
71	52	SIBILAK MICHAŁ	M		11:14.44 (75)	22:49.20 (73,+2)	34:26.65 (73)	45:55.52 (72,+1)	47:43.79	04:46	0:47:37.27	
72	26	FEDOROWICZ DARIUSZ	M		11:11.75 (69)	22:41.69 (69)	34:23.77 (71,-2)	45:57.33 (73,-2)	47:54.78	04:47	0:47:54.78	
73	46	GOŚCINIAK BARTOSZ	M	RKS HUWDU	11:28.26 (82)	23:01.50 (76,+6)	34:47.31 (77,-1)	46:18.65 (77)	47:55.39	04:47	0:47:44.32	
74	154	JASINOWSKI DARIUSZ	M	BRAK	11:11.66 (68)	22:41.86 (70,-2)	34:22.63 (70)	46:02.76 (74,-4)	47:57.63	04:48	0:47:51.78	
75	53	ŁAWICKI MARCIN	M	WKURW_TEAM	10:42.17 (61)	22:06.47 (61)	33:49.56 (65,-4)	45:53.95 (71,-6)	47:57.99	04:48	0:47:53.03	
76	140	TERPIŁOWSKI JANUSZ	M	GRUBIKO	11:13.15 (73)	22:48.87 (72,+1)	34:25.66 (72)	46:15.33 (75,-3)	48:03.58	04:48	0:48:00.67	
77	43	MISZCZYK SŁAWOMIR	M		11:12.67 (70)	22:41.45 (68,+2)	34:34.59 (75,-7)	46:16.07 (76,-1)	48:05.49	04:49	0:48:05.49	
78	156	SZYMKOWIAK DOMINIK	M		11:28.43 (83)	23:10.40 (78,+5)	34:47.73 (78)	46:19.10 (78)	48:06.55	04:49	0:47:59.88	
79	29	CHOCIAJ DANIEL	M	ENDORFINY WAŚOSZ	11:44.73 (89)	24:06.73 (88,+1)	35:49.68 (88)	47:01.43 (80,+8)	48:55.05	04:53	0:48:48.04	
80	123	WIERCIOCH SŁAWOMIR	M	DRUZYNA JODRI	11:57.46 (93)	23:34.91 (85,+8)	35:24.39 (81,+4)	46:59.88 (79,+2)	48:59.63	04:54	0:48:16.80	

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81	19	RATAJCZAK JACEK	M		11:24.26 (79)	23:12.36 (84,-5)	35:11.70 (80,+4)	47:07.81 (82,-2)	49:05.15	04:55	0:48:58.18
82	7	POJASEK TERESA	♀	K	11:24.26 (80)	23:11.71 (81,-1)	35:10.81 (79,+2)	47:07.24 (81,-2)	49:05.15	04:55	0:48:58.32
83	153	LESIAK WOJTEK	M	SMECZ GÓRA	11:52.17 (92)	23:46.25 (87,+5)	35:37.14 (87)	47:25.41 (83,+4)	49:25.59	04:56	0:49:16.85
84	108	BAWARCZYK GERARD	M	GRUBIKO	11:24.10 (78)	23:11.80 (82,-4)	35:28.04 (85,-3)	47:47.73 (85)	49:40.08	04:58	0:49:35.36
85	138	BRYCHCY DARIUSZ	M	ENDORFINA WSCHOWA	11:13.93 (74)	23:12.22 (83,-9)	35:24.64 (83)	47:48.33 (86,-3)	49:44.48	04:58	0:49:44.48
86	137	ULIASZ JERZY	M	LKS ISKRA JASZKOWA	12:01.27 (94)	23:45.87 (86,+8)	35:37.07 (86)	47:44.95 (84,+2)	49:52.99	04:59	0:49:43.68
87	32	LEWIŃSKI SŁAWOMIR	M		11:13.06 (71)	23:08.88 (77,-6)	35:25.16 (84,-7)	47:54.00 (87,-3)	50:02.51	05:00	0:50:02.51
88	37	NOWAKOWSKI MAREK	M	RUNNING FAMYLI	10:54.85 (63)	22:56.70 (74,-11)	35:24.47 (82,-8)	48:11.95 (88,-6)	50:24.85	05:02	0:50:23.46
89	132	PUZIO BARTŁOMIEJ	M		12:29.62 (100)	24:42.27 (95,+5)	36:52.13 (89,+6)	48:59.64 (89)	51:01.28	05:06	0:50:53.60
90	133	PUZIO PAULINA	♀	K	12:29.79 (101)	24:42.80 (97,+4)	36:52.98 (90,+7)	49:00.20 (90)	51:02.13	05:06	0:50:54.45
91	73	BIELECKI GRZEGORZ	M	HAPPY SCHOOL	12:35.83 (105)	25:22.09 (106,-1)	37:34.75 (97,+9)	49:25.60 (91,+6)	51:18.24	05:08	0:51:07.46
92	51	CISZEWSKI KRZYSZTOF	M	WARRIORS	12:35.97 (106)	24:54.89 (100,+6)	37:18.43 (94,+6)	49:35.26 (92,+2)	51:43.98	05:10	0:51:34.04
93	157	CISZEWSKI JAN	M	WARRIORS	12:36.09 (107)	24:54.73 (99,+8)	37:18.12 (93,+6)	49:36.31 (93)	51:44.25	05:10	0:51:34.13
94	141	MRUCZEK PATRYCJA	♀	K	12:28.69 (99)	24:55.67 (101,-2)	37:09.72 (91,+10)	49:40.92 (94,-3)	51:51.46	05:11	0:51:46.88
95	55	DANKOWSKA EWELINA	♀	K	12:01.57 (95)	24:35.02 (91,+4)	37:14.51 (92,-1)	49:59.71 (95,-3)	52:04.93	05:13	0:51:59.25
96	124	KWIATKOWSKI TADEUSZ	M	WOSZTYNSKI KLUB BIEGOWY	12:06.41 (97)	24:33.46 (90,+7)	37:24.24 (95,-5)	50:17.05 (96,-1)	52:27.69	05:14	0:52:19.67
97	100	FABJAŃSKI AUGUSTYN	M	AKTYWNI KLECINA	12:40.19 (109)	25:19.38 (105,+4)	37:56.16 (100,+5)	50:24.03 (97,+3)	52:33.81	05:16	0:52:17.11
98	131	JUNG ŁUKASZ	M	JUNGBUDTEAM	13:06.12 (120)	26:08.34 (116,+4)	38:46.81 (108,+8)	50:42.77 (98,+10)	52:42.32	05:16	0:52:34.42
99	23	MIELNICKI MAREK	M		12:30.94 (102)	25:05.40 (103,-1)	37:57.95 (101,+2)	50:56.05 (100,+1)	52:56.98	05:17	0:52:50.83
100	12	HEBRYCZ ANNA	♀	K	12:47.25 (111)	25:30.58 (108,+3)	38:10.91 (103,+5)	50:54.08 (99,+4)	53:00.29	05:18	0:52:53.95
101	58	MAISON JOLANTA	♀	K	12:05.80 (96)	24:42.70 (96)	37:45.30 (99,-3)	50:57.65 (101,-2)	53:08.45	05:19	0:53:06.70
102	134	PIASECKA MAŁGORZATA	♀	K	12:07.98 (98)	24:39.01 (92,+6)	37:34.44 (96,-4)	51:01.50 (102,-6)	53:15.43	05:19	0:53:10.15
103	18	JANOWSKI PRZEMYSŁAW	M	TAKŻE TEGO...	11:37.69 (87)	24:39.83 (93,-6)	37:40.95 (98,-5)	51:18.46 (103,-5)	53:33.24	05:22	0:53:29.12
104	97	SZKWAREK PAULINA	♀	K	13:05.56 (118)	26:07.67 (114,+4)	38:46.50 (107,+7)	51:24.20 (104,+3)	53:34.56	05:22	0:53:27.55
105	147	SADOWSKI MAREK	M	MUKS SZOK BOJANOWO	12:40.15 (108)	25:17.49 (104,+4)	38:20.75 (104)	51:28.53 (105,-1)	53:40.68	05:22	0:53:32.36
106	158	CHODKOWSKI MARCIN	M	RKS HUWDU	11:48.37 (91)	24:40.82 (94,-3)	38:03.45 (102,-8)	51:33.40 (106,-4)	53:42.91	05:22	0:53:30.59
107	146	JACHIMOWSKI MATEUSZ	M		12:32.09 (104)	26:01.32 (112,-8)	39:53.66 (116,-4)	52:11.03 (107,+9)	54:02.17	05:24	0:53:55.77
108	25	CHRZANOWSKA NATALIA	♀	K	13:20.07 (123)	26:29.21 (118,+5)	39:35.51 (115,+3)	52:25.51 (110,+5)	54:28.01	05:27	0:54:17.67
109	98	DROBIŃSKA JOANNA	♀	K	13:05.73 (119)	26:07.76 (115,+4)	39:14.60 (111,+4)	52:22.04 (108,+3)	54:31.05	05:27	0:54:31.05
110	59	KIRCUŃ PAWEŁ	M		12:46.09 (110)	25:22.68 (107,+3)	38:45.89 (106,+1)	52:23.30 (109,-3)	54:40.57	05:28	0:54:30.36
111	126	OKOŃ TERESA	♀	K	12:52.13 (112)	25:58.32 (110,+2)	39:16.40 (112,-2)	52:28.20 (111,+1)	54:42.02	05:28	0:54:31.67
112	127	WŁODARCZYK MONIKA	♀	K	12:52.13 (113)	25:58.27 (109,+4)	39:17.19 (113,-4)	52:33.31 (112,+1)	54:43.59	05:28	0:54:33.25
113	111	GZYL MONIKA	♀	K	13:01.40 (116)	26:12.18 (117,-1)	39:26.34 (114,+3)	52:42.68 (114)	54:49.19	05:29	0:54:43.70
114	60	PRZYBYLSKA EWELINA	♀	K	13:04.12 (117)	26:07.04 (113,+4)	39:13.87 (110,+3)	52:38.67 (113,-3)	54:54.12	05:29	0:54:47.72
115	61	ADAMEK KAMIL	M	ALE URWAŁ!	11:21.85 (77)	24:31.63 (89,-12)	38:44.25 (105,-16)	53:10.60 (116,-11)	55:08.21	05:31	0:55:02.36
116	13	JAKUBCZYK ADAM	M		11:26.67 (81)	24:46.97 (98,-17)	38:53.52 (109,-11)	53:01.07 (115,-6)	55:21.23	05:32	0:55:14.51
117	47	ŁASZEWSKI MACIEJ	M		11:47.65 (90)	25:02.52 (102,-12)	40:18.81 (118,-16)	53:45.09 (118)	55:45.33	05:35	0:55:37.11
118	56	DANKOWSKI BARTOSZ	M	ENDORFINY WĄSOSZ	12:31.23 (103)	26:01.01 (111,-8)	39:53.77 (117,-6)	53:34.05 (117)	55:50.07	05:35	0:55:43.29
119	62	MAŁSKI PIOTR	M	GRUBIKO	13:11.00 (122)	26:36.71 (120,+2)	40:28.94 (119,+1)	54:27.07 (119)	56:46.39	05:41	0:56:34.99
120	45	LEWANDOWSKI GRZEGORZ	M		13:10.35 (121)	26:57.27 (122,-1)	40:50.72 (120,+2)	55:11.34 (120)	57:30.14	05:45	0:57:22.56

XXX Ogólnopolski Bieg Niepodległości 2023

Ośrodek Kultury Fizycznej w Górze · sobota, 11 listopada 2023

Wyniki końcowe - BG · 4 stron

Poz.	Numer	Nazwisko, imię	Płeć	Klub	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
121	120	UJEJSKI ROBERT	M	#BIEGAJLESZNO	14:16.30 (140)	27:57.58 (125,+15)	41:49.42 (124,+1)	55:28.44 (122,+2)	57:32.43	05:45	0:57:11.39
122	27	ZIELIŃSKI KRZYSZTOF	M		13:43.24 (124)	27:20.56 (123,+1)	41:23.37 (123)	55:27.43 (121,+2)	57:46.99	05:47	0:57:39.18
123	93	PŁÓCIENICZAK WITOLD	M	RUN TEAM RYDZYNA	14:01.80 (134)	28:07.60 (127,+7)	41:57.11 (125,+2)	55:41.58 (124,+1)	57:56.04	05:47	0:57:45.84
124	65	BARTKOWIAK IWONA	♀	LEŚNE DZIKI PRZYJACIELSKA GRUPA BIEGOWA	12:57.83 (114)	26:51.23 (121,-7)	41:08.87 (122,-1)	55:37.71 (123,-1)	58:06.20	05:49	0:58:01.42
125	49	ŻŁOBIŃSKA JOLANTA	♀		14:01.35 (133)	28:02.95 (126,+7)	42:03.74 (126)	56:14.93 (126)	58:38.27	05:52	0:58:33.80
126	136	KUŁACZKOWSKA ALEKSANDRA	♀	GRUBIKO	13:00.26 (115)	26:32.53 (119,-4)	41:02.27 (121,-2)	56:13.72 (125,-4)	58:47.82	05:53	0:58:41.97
127	50	TUKINDORF ŁUKASZ	M		14:04.38 (137)	28:10.47 (128,+9)	42:18.06 (129,-1)	56:44.72 (128,+1)	59:03.36	05:54	0:58:58.18
128	20	SKOCZYŁAS PATRYCJA	♀		13:57.46 (129)	28:11.75 (130,-1)	42:37.30 (130)	56:51.32 (129,+1)	59:05.20	05:55	0:58:55.89
129	38	ARENDARCZYK RAFAŁ	M	SMECZ GÓRA	13:59.82 (131)	28:11.71 (129,+2)	42:17.87 (128,+1)	56:44.57 (127,+1)	59:09.32	05:55	0:59:00.40
130	161	SZUMSKA LIDIA	♀		13:45.00 (125)	27:53.07 (124,+1)	42:17.22 (127,-3)	56:56.28 (130,-3)	59:31.82	05:57	0:59:22.73
131	66	LETZA ROKSANA	♀		13:53.75 (127)	28:18.94 (132,-5)	42:44.69 (131,+1)	57:22.48 (131)	59:51.24	05:59	0:59:41.82
132	152	DĄBROWSKI JERZY	M	DRUŻYNA SZPIKU KGHM	14:08.29 (138)	28:33.33 (137,+1)	43:10.61 (136,+1)	57:38.37 (134,+2)	59:53.68	05:59	0:59:42.70
133	92	SERAFIN ANNA	♀	35MINUT.PL	14:00.57 (132)	28:20.36 (133,-1)	43:01.10 (134,-1)	57:35.30 (132,+2)	1:00:05.82	06:01	1:00:01.80
134	105	MACHOWSKI EDWARD	M	WOŁÓW BIEGA	13:59.47 (130)	28:20.66 (134,-4)	43:00.12 (133,+1)	57:38.06 (133)	1:00:14.35	06:01	1:00:07.38
135	48	WENCEL SYLWIA	♀	BIEGAM KIEDY CHCĘ	14:02.11 (135)	28:21.17 (135)	42:58.40 (132,+3)	57:40.89 (135,-3)	1:00:15.59	06:01	1:00:05.70
136	88	PŁÓCIENICZAK SYLWIA	♀	RUN TEAM RYDZYNA	14:02.57 (136)	28:23.71 (136)	43:08.86 (135,+1)	58:00.82 (136,-1)	1:00:36.12	06:04	1:00:26.13
137	21	SZAFRANIEC PIOTR	M		14:11.50 (139)	28:37.44 (139)	43:27.55 (138,+1)	58:31.10 (137,+1)	1:00:55.44	06:05	1:00:44.37
138	80	NADOLNA KARINA	♀	RUN TEAM RYDZYNA	13:53.17 (126)	28:17.84 (131,-5)	43:20.23 (137,-6)	58:45.25 (138,-1)	1:01:13.71	06:07	1:01:04.97
139	63	JAROSIK MAŁGORZATA	♀		13:53.92 (128)	28:35.69 (138,-10)	43:49.38 (139,-1)	59:00.37 (139)	1:01:26.55	06:08	1:01:21.51
140	39	ZAKASZEWSKA ALICJA	♀		14:26.04 (141)	29:10.24 (140,+1)	44:06.06 (140)	59:15.67 (140)	1:01:43.00	06:10	1:01:34.26
141	107	STROJWAŚ ANNA	♀	WKB PIAST	15:23.34 (148)	30:33.33 (141,+7)	45:55.34 (141)	1:01:07.89 (141)	1:03:41.62	06:22	1:03:32.76
142	42	GEZELA MARIA	♀	EUFORIA BIEGACZA TEAM	15:18.51 (145)	30:55.55 (145)	46:50.55 (142,+3)	1:02:42.51 (142)	1:05:14.97	06:31	1:05:05.66
143	118	MIKOŁAJEWICZ BEATA	♀	#BIEGAJLESZNO	14:52.89 (142)	30:51.14 (142)	47:26.01 (143,-1)	1:04:06.82 (143)	1:06:49.30	06:41	1:06:49.30
144	102	TURKIEWICZ RADOSŁAW	M	RUN TEAM RYDZYNA	14:52.89 (143)	30:51.14 (143)	47:26.34 (144,-1)	1:04:07.17 (145,-1)	1:06:50.27	06:41	1:06:39.43
145	30	KAMIŃSKI PIOTR	M	AKTYWNI NA 5	14:54.09 (144)	30:52.21 (144)	47:27.25 (145,-1)	1:04:06.82 (144,+1)	1:06:51.36	06:41	1:06:39.86
146	36	OSMOLSKA ALEKSANDRA	♀		15:35.64 (150)	32:21.19 (148,+2)	49:26.54 (146,+2)	1:07:28.26 (147,-1)	1:10:11.70	07:01	1:10:02.39
147	35	FRĄCKOWIAK ALEKSANDRA	♀		15:34.85 (149)	32:21.46 (149)	49:26.71 (147,+2)	1:07:27.69 (146,+1)	1:10:12.81	07:01	1:10:05.13
148	69	WITKO DOROTA	♀		15:19.44 (147)	32:12.11 (146,+1)	50:22.64 (148,-2)	1:09:03.80 (148)	1:12:05.11	07:13	1:11:54.33
149	96	WITKO ANDRZEJ	M		15:19.44 (146)	32:12.66 (147,-1)	50:23.52 (149,-2)	1:09:03.96 (149)	1:12:06.31	07:13	1:11:54.67

Nie ukończyło (1)

DNF	128	CHEBA ARIEL	M		9:06.90 (17)				DNF		
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