

# Wyniki zawodów

## Zawody: VI Wołowski Bieg Flagi Narodowej

2020-09-05

21:40:59

Klasyfikacja: CZAS NETTO



**Uiszczenie opłaty za udział: Zapłacono**  
**Udział w zawodach: Potwierdzony**  
**Dyskwalifikacja: Nie**

| Miejsce | Numer | Uczestnik            | Płe | Kat. wiek. | Grupa 1     | Grupa 2     | Grupa 3           | Grupa 4                              | Klub                   | Tempo [min/km] | Wynik             |
|---------|-------|----------------------|-----|------------|-------------|-------------|-------------------|--------------------------------------|------------------------|----------------|-------------------|
| 1       | 85    | FRELIK KAROL         | M   | M20(1)     |             |             |                   | LKS OSUCHÓW                          |                        | 03:17          | 00:32:53          |
| 2       | 61    | KOZŁOWICZ TOMASZ     | M   | M20(2)     |             |             |                   | OBORYGENI                            | POWER BOMB             | 03:21          | 00:33:28 (+34)    |
| 3       | 49    | WIELGUS ARKADIUSZ    | M   | M20(3)     |             |             |                   | KS.KOSCIŚLAWICE/WOSIEK TEAM          |                        | 03:22          | 00:33:45 (+51)    |
| 4       | 125   | MARKOWSKI SEBASTIAN  | M   | M30(1)     |             |             |                   |                                      | POWER BOMB             | 03:25          | 00:34:08 (+01:14) |
| 5       | 69    | GARLI SKI ŁUKASZ     | M   | M20(4)     |             |             |                   | KB KROKUS KWIATKOWICE                | KKJ LUBIN              | 03:28          | 00:34:37 (+01:43) |
| 6       | 191   | PAWLACZYK BARTOSZ    | M   | M20(5)     |             |             |                   |                                      |                        | 03:32          | 00:35:15 (+02:21) |
| 7       | 173   | OWCZAREK TOMASZ      | M   | M30(2)     |             |             |                   | KS KROTOSZ KROTOSZYN                 |                        | 03:33          | 00:35:32 (+02:38) |
| 8       | 161   | WRÓBLEWSKI SŁAWOMIR  | M   | M40(1)     |             |             |                   | SOMAPOL                              |                        | 03:33          | 00:35:32 (+02:38) |
| 9       | 118   | TOKARCZYK MARIUSZ    | M   | M40(2)     |             |             |                   | OLAWS ZŁOTORYJA                      |                        | 03:34          | 00:35:38 (+02:45) |
| 10      | 30    | FRANCZAK MARIUSZ     | M   | M40(3)     |             |             |                   | DTR BIEGA/MARIO TEAM                 | DTR BIEGA/MARIO TEAM   | 03:35          | 00:35:49 (+02:55) |
| 11      | 9     | SOBCZAK TOMASZ       | M   | M30(3)     |             | P. WOŁOWSKI |                   | 140MINUT.PL                          | 140MINUT.PL            | 03:36          | 00:36:05 (+03:11) |
| 12      | 153   | LE NIAK JAKUB        | M   | M30(4)     |             |             |                   |                                      |                        | 03:37          | 00:36:11 (+03:17) |
| 13      | 36    | HUCAŁ TOMASZ         | M   | M40(4)     |             |             |                   | ISKRA TEAM                           | ISKRA TEAM             | 03:37          | 00:36:13 (+03:19) |
| 14      | 124   | OWCZAREK ANDRZEJ     | M   | M30(5)     |             |             |                   | DTR BIEGA/MARIO TEAM                 | DTR BIEGA/MARIO TEAM   | 03:38          | 00:36:16 (+03:22) |
| 15      | 27    | KURIATA ROBERT       | M   | M50(1)     |             |             |                   | ZLB ZŁOTORYJA                        |                        | 03:38          | 00:36:16 (+03:22) |
| 16      | 144   | MOSKAL ADRIAN        | M   | M20(6)     |             |             |                   | ATHLETICS TEAM PRUSICE               | ATHLETICS TEAM PRUSICE | 03:38          | 00:36:16 (+03:22) |
| 17      | 35    | MANDZIEJ MAREK       | M   | M30(6)     |             |             |                   | DTR BIEGA/MARIO TEAM                 | DTR BIEGA/MARIO TEAM   | 03:38          | 00:36:18 (+03:24) |
| 18      | 174   | DOBRO DAWID          | M   | M30(7)     |             |             |                   | KGHM ZG RUN                          |                        | 03:39          | 00:36:30 (+03:36) |
| 19      | 127   | GRONDYS PAWEŁ        | M   | M40(5)     |             |             |                   |                                      |                        | 03:40          | 00:36:35 (+03:41) |
| 20      | 100   | GŁÓD MATEUSZ         | M   | M40(6)     |             |             |                   |                                      |                        | 03:40          | 00:36:42 (+03:48) |
| 21      | 34    | SERAFIN PIOTR        | M   | M40(7)     | GMINA WOŁÓW | P. WOŁOWSKI |                   | 35MINUT.PL                           |                        | 03:41          | 00:36:52 (+03:58) |
| 22      | 3     | ANDRZEJEWSKI DROGOSZ | M   | M30(8)     |             |             | PRAC. SŁU B MUND. | RUNATTACK                            |                        | 03:42          | 00:37:01 (+04:07) |
| 23      | 200   | ZAJ CZKOWSKA ANNA    | K   | K20(1)     |             |             |                   | ARKADIUSZ GARDZIELEWSKI RUNNING TEAM |                        | 03:44          | 00:37:17 (+04:23) |
| 24      | 103   | MINORCZYK KARINA     | K   | K20(2)     |             |             |                   | 140MINUT.PL                          | 140MINUT.PL            | 03:44          | 00:37:19 (+04:26) |
| 25      | 199   | ABA SŁAWOMIR         | M   | M40(8)     |             |             |                   | CROSS STRACE CÓW                     |                        | 03:47          | 00:37:50 (+04:56) |
| 26      | 96    | POSACKI ZBIGNIEW     | M   | M40(9)     | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA                          | WOŁÓW BIEGA            | 03:47          | 00:37:52 (+04:59) |
| 27      | 83    | PRYZYSTARZ ARTUR     | M   | M50(2)     |             |             |                   | OBORYGENI                            | OBORYGENI              | 03:48          | 00:37:58 (+05:04) |
| 28      | 59    | CHAJA RADOSŁAW       | M   | M30(9)     |             |             |                   |                                      |                        | 03:48          | 00:38:02 (+05:08) |
| 29      | 198   | FONAŁ TOMASZ         | M   | M30(10)    |             |             |                   |                                      |                        | 03:52          | 00:38:41 (+05:47) |
| 30      | 5     | MARKIEWICZ MICHAŁ    | M   | M20(7)     | GMINA WOŁÓW | P. WOŁOWSKI |                   | AD                                   |                        | 03:52          | 00:38:43 (+05:50) |
| 31      | 23    | YGADŁO TADEUSZ       | M   | M40(10)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA                          | WOŁÓW BIEGA            | 03:53          | 00:38:48 (+05:54) |

| Miejsce | Numer | Uczestnik            | Płe | Kat. wiek. | Grupa 1     | Grupa 2     | Grupa 3           | Grupa 4                       | Klub                    | Tempo [min/km] | Wynik             |
|---------|-------|----------------------|-----|------------|-------------|-------------|-------------------|-------------------------------|-------------------------|----------------|-------------------|
| 32      | 110   | MIELCAREK BARTŁOMIEJ | M   | M40(11)    |             |             |                   | MATNER RUNNING TEAM           |                         | 03:53          | 00:38:53 (+05:59) |
| 33      | 33    | HYS DAMIAN           | M   | M40(12)    |             |             |                   | DTR BIEGA/MARIO TEAM          | DTR BIEGA/MARIO TEAM    | 03:54          | 00:38:55 (+06:01) |
| 34      | 195   | SKOREIKO UYRII       | M   | M20(8)     |             | P. WOŁOWSKI |                   |                               |                         | 03:54          | 00:39:03 (+06:09) |
| 35      | 141   | CZERWI SKA ANNA      | K   | K30(1)     |             |             |                   |                               |                         | 03:55          | 00:39:06 (+06:12) |
| 36      | 189   | ADAMSKA JOANNA       | K   | K20(3)     |             |             |                   | SZYMTEAM                      |                         | 03:55          | 00:39:11 (+06:17) |
| 37      | 136   | KIEŁCZEWSKI GRZEGORZ | M   | M60(1)     |             |             |                   |                               |                         | 03:55          | 00:39:11 (+06:18) |
| 38      | 88    | HOŁUBOWICZ ANITA     | K   | K20(4)     |             |             |                   | MATNER RUNNING TEAM           | MATNER RUNNING TEAM     | 03:56          | 00:39:22 (+06:28) |
| 39      | 63    | BOBOWSKI MAREK       | M   | M40(13)    |             |             |                   | UNIA M - CIWOJOW / MUCHOBRONX | MUCHOBRONXIAKI          | 03:56          | 00:39:25 (+06:31) |
| 40      | 107   | BO CZEK MICHAŁ       | M   | M40(14)    |             |             |                   |                               |                         | 03:56          | 00:39:25 (+06:31) |
| 41      | 70    | GROLEWSKI KAROL      | M   | M40(15)    |             |             |                   | ISKRA TEAM                    | ISKRA TEAM              | 03:57          | 00:39:27 (+06:33) |
| 42      | 14    | STRÓ Y SKI DANIEL    | M   | M40(16)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA                   | WOŁÓW BIEGA             | 03:57          | 00:39:29 (+06:35) |
| 43      | 135   | GŁOMBA MICHAŁ        | M   | M30(11)    |             |             |                   | SYSTEM ERROR                  |                         | 03:57          | 00:39:30 (+06:36) |
| 44      | 11    | TRZASKACZ TOMASZ     | M   | M40(17)    |             |             |                   | OBORYGENI                     | OBORYGENI               | 03:59          | 00:39:53 (+06:59) |
| 45      | 1     | KASPRZAK KRZYSZTOF   | M   | M40(18)    |             |             | PRAC. SŁU B MUND. | SPEED ÓŁWIK                   |                         | 04:01          | 00:40:12 (+07:19) |
| 46      | 98    | KOCIK ADRIAN         | M   | M30(12)    |             |             |                   | DTR BIEGA/MARIO TEAM          | DTR BIEGA/MARIO TEAM    | 04:02          | 00:40:15 (+07:21) |
| 47      | 119   | TERENIUK PRZEMYSŁAW  | M   | M30(13)    |             |             |                   | DTR BIEGA/MARIO TEAM          | DTR BIEGA/MARIO TEAM    | 04:02          | 00:40:19 (+07:25) |
| 48      | 128   | D BROWSKI MARIUSZ    | M   | M50(3)     |             |             |                   |                               |                         | 04:03          | 00:40:34 (+07:40) |
| 49      | 193   | WALIGÓRA KACPER      | M   | M20(9)     |             |             |                   |                               |                         | 04:04          | 00:40:37 (+07:43) |
| 50      | 92    | GIBALSKI TOMASZ      | M   | M50(4)     |             |             | PRAC. SŁU B MUND. | OBORYGENI                     | OBORYGENI               | 04:04          | 00:40:39 (+07:45) |
| 51      | 62    | SYGUŁA SYLWIUSZ      | M   | M40(19)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA                   | WOŁÓW BIEGA             | 04:04          | 00:40:45 (+07:52) |
| 52      | 194   | PRZYBYLSKI PAWEŁ     | M   | M20(10)    |             |             |                   | L ZAK TEAM                    |                         | 04:05          | 00:40:47 (+07:53) |
| 53      | 13    | ROPA ŁUKASZ          | M   | M20(11)    |             |             |                   | SSW TEAM KRO NICE             |                         | 04:05          | 00:40:48 (+07:54) |
| 54      | 160   | WŁODARCZYK WALDEMAR  | M   | M40(20)    |             |             |                   | WIKTOR TEAM                   | BIEGAMY W BRZEGU DOLNYM | 04:05          | 00:40:51 (+07:57) |
| 55      | 31    | JARZ BOWICZ MATEUSZ  | M   | M30(14)    |             |             |                   | DTR BIEGA/MARIO TEAM          | DTR BIEGA/MARIO TEAM    | 04:06          | 00:40:57 (+08:03) |
| 56      | 84    | PRYZYSTARZ GRZEGORZ  | M   | M40(21)    |             |             |                   | OBORYGENI                     | OBORYGENI               | 04:06          | 00:40:58 (+08:04) |
| 57      | 99    | NOWACKI ROMAN        | M   | M40(22)    |             |             |                   | JUTROSI SKI KLUB BIEGACZY     |                         | 04:06          | 00:40:58 (+08:04) |
| 58      | 15    | SOCHA MARCIN         | M   | M30(15)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | ZAWODNIK                      | WOŁÓW BIEGA             | 04:06          | 00:41:02 (+08:08) |
| 59      | 43    | PLEWKA PAWEŁ         | M   | M40(23)    |             |             |                   | SZCZYTKOWICE W BIEGU          | SZCZYTKOWICE W BIEGU    | 04:06          | 00:41:05 (+08:11) |
| 60      | 177   | OWCZAREK JAKUB       | M   | M30(16)    |             |             |                   | WYBIERZ                       |                         | 04:07          | 00:41:09 (+08:15) |
| 61      | 56    | KUREK KRZYSZTOF      | M   | M50(5)     |             |             |                   | PRZEBIEGLI MIŁKOWICE          |                         | 04:07          | 00:41:09 (+08:15) |
| 62      | 18    | OSTROWSKI WIESŁAW    | M   | M40(24)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA                   |                         | 04:07          | 00:41:14 (+08:20) |
| 63      | 46    | HERNER TOMASZ        | M   | M40(25)    |             |             |                   | DTR BIEGA/MARIO TEAM          |                         | 04:08          | 00:41:22 (+08:28) |
| 64      | 48    | LASKA PIOTR          | M   | M30(17)    | GMINA WOŁÓW | P. WOŁOWSKI |                   |                               |                         | 04:08          | 00:41:25 (+08:32) |
| 65      | 8     | LECHKI TOMASZ        | M   | M40(26)    | GMINA WOŁÓW | P. WOŁOWSKI | PRAC. SŁU B MUND. | NADLE NICTWO OBORNIKI         | WOŁÓW BIEGA             | 04:09          | 00:41:29 (+08:35) |
| 66      | 57    | HRUSZOWIEC PAWEŁ     | M   | M40(27)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | PAN COGITO S.C.               |                         | 04:09          | 00:41:33 (+08:40) |
| 67      | 105   | SIERPOWSKI KRZYSZTOF | M   | M30(18)    |             |             |                   |                               |                         | 04:10          | 00:41:39 (+08:45) |
| 68      | 192   | CIE LA SEBASTIAN     | M   | M20(12)    |             |             |                   | KGHM ZG RUN                   |                         | 04:11          | 00:41:49 (+08:56) |
| 69      | 66    | GIDEL WITOLD         | M   | M50(6)     |             | P. WOŁOWSKI |                   | FOTOTRIO.PL                   | BIEGAMY W BRZEGU DOLNYM | 04:12          | 00:42:00 (+09:06) |
| 70      | 51    | CISAK KRZYSZTOF      | M   | M30(19)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA                   |                         | 04:15          | 00:42:30 (+09:36) |
| 71      | 91    | RO LICKI JAROSŁAW    | M   | M40(28)    |             |             |                   | UBEZPIECZENIA DLA AKTYWNYCH   | OBORYGENI               | 04:15          | 00:42:32 (+09:39) |
| 72      | 67    | GAJDA MARCIN         | M   | M30(20)    |             |             |                   | SZCZYTKOWICE W BIEGU          | SZCZYTKOWICE W BIEGU    | 04:16          | 00:42:35 (+09:41) |
| 73      | 16    | MAŁEK KRZYSZTOF      | M   | M50(7)     | GMINA WOŁÓW | P. WOŁOWSKI |                   | OX.WOŁÓW                      | OX.WOŁÓW                | 04:16          | 00:42:37 (+09:43) |
| 74      | 22    | NOWAKOWSKI MAREK     | M   | M40(29)    |             |             |                   |                               |                         | 04:16          | 00:42:41 (+09:47) |
| 75      | 47    | OPAŁKA TOMASZ        | M   | M40(30)    |             |             |                   | ATHLETICS TEAM PRUSICI        |                         | 04:16          | 00:42:45 (+09:51) |

| Miejsce | Numer | Uczestnik                     | Płe | Kat. wiek. | Grupa 1     | Grupa 2     | Grupa 3           | Grupa 4                     | Klub                    | Tempo [min/km] | Wynik             |
|---------|-------|-------------------------------|-----|------------|-------------|-------------|-------------------|-----------------------------|-------------------------|----------------|-------------------|
| 76      | 29    | CZERW KONRAD                  | M   | M40(31)    |             |             |                   | DTR BIEGA/MARIO TEAM        | DTR BIEGA/MARIO TEAM    | 04:17          | 00:42:50 (+09:56) |
| 77      | 116   | SOBCZYK TOMASZ                | M   | M40(32)    |             |             |                   | MKS SIECHNICE               |                         | 04:17          | 00:42:51 (+09:57) |
| 78      | 32    | AUGUSTY SKI KONRAD            | M   | M20(13)    |             |             |                   | DTR BIEGA/MARIO TEAM        | DTR BIEGA/MARIO TEAM    | 04:18          | 00:42:55 (+10:01) |
| 79      | 139   | ZEMBATY MAREK                 | M   | M40(33)    |             |             |                   |                             |                         | 04:21          | 00:43:27 (+10:33) |
| 80      | 179   | LE Y SKI JAROSŁAW             | M   | M30(21)    |             |             |                   | KGHM ZG RUN                 | KKJ LUBIN               | 04:22          | 00:43:39 (+10:45) |
| 81      | 28    | ZAJ C-SOBCZAK MARTA           | K   | K30(2)     |             |             |                   | DTR BIEGA/MARIO TEAM        | DTR BIEGA/MARIO TEAM    | 04:22          | 00:43:42 (+10:48) |
| 82      | 4     | TRZASKACZ DOROTA              | K   | K40(1)     |             |             |                   | DTR BIEGA/MARIO TEAM        | DTR BIEGA/MARIO TEAM    | 04:24          | 00:43:59 (+11:05) |
| 83      | 60    | KRASICKI MICHAŁ               | M   | M40(34)    |             |             | PRAC. SŁU B MUND. | RUNNIN_GYM                  |                         | 04:25          | 00:44:07 (+11:13) |
| 84      | 82    | SZCZEPANIAK MICHAŁ            | M   | M20(14)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | BRAK                        |                         | 04:25          | 00:44:13 (+11:19) |
| 85      | 164   | DZIWAK MARCIN                 | M   | M30(22)    |             |             |                   |                             |                         | 04:26          | 00:44:17 (+11:24) |
| 86      | 104   | KULI SKI BOGDAN               | M   | M60(2)     |             |             |                   | DRU YNA SZPIKU KGHM         |                         | 04:26          | 00:44:25 (+11:32) |
| 87      | 38    | WINIARCZYK KRZYSZTOF          | M   | M30(23)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA                 |                         | 04:27          | 00:44:27 (+11:34) |
| 88      | 80    | KOPCZY SKA JUSTYNA            | K   | K30(3)     | GMINA WOŁÓW | P. WOŁOWSKI |                   | BRAK                        |                         | 04:27          | 00:44:28 (+11:34) |
| 89      | 157   | BALA WITOLD                   | M   | M60(3)     |             |             |                   | KB SUKCES MIGRÓD            |                         | 04:27          | 00:44:31 (+11:37) |
| 90      | 64    | WO NIAK-CIE LAR JOANNA        | K   | K40(2)     |             |             | PRAC. SŁU B MUND. | MUCHOBRONXIAKI, IPA WROCLAW | MUCHOBRONXIAKI          | 04:28          | 00:44:36 (+11:42) |
| 91      | 79    | BANA MICHAŁ                   | M   | M30(24)    |             |             | PRAC. SŁU B MUND. | IPA WROCLAW                 |                         | 04:28          | 00:44:39 (+11:45) |
| 92      | 21    | ZIMO ADAM                     | M   | M40(35)    |             |             |                   | INTEGRUM BROKER             |                         | 04:28          | 00:44:39 (+11:46) |
| 93      | 114   | WRÓBEL MAŁGORZATA             | K   | K30(4)     |             |             |                   | OBORYGENI                   | OBORYGENI               | 04:29          | 00:44:47 (+11:53) |
| 94      | 145   | POWOLNA ANETA                 | K   | K20(5)     |             |             |                   | MKS SIECHNICE               |                         | 04:29          | 00:44:48 (+11:55) |
| 95      | 185   | MACOCH ZBIGNIEW               | M   | M70(1)     |             |             |                   | NGKLOBUCK                   | NGKLOBUCK               | 04:31          | 00:45:06 (+12:12) |
| 96      | 148   | WIDER PAWEŁ                   | M   | M30(25)    |             |             |                   | VOESTALPINE                 |                         | 04:31          | 00:45:06 (+12:12) |
| 97      | 126   | CZARNY PAWEŁ                  | M   | M40(36)    | GMINA WOŁÓW | P. WOŁOWSKI |                   |                             |                         | 04:31          | 00:45:07 (+12:13) |
| 98      | 109   | OLSZEWSKI KRZYSZTOF           | M   | M30(26)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | #GDYBYNIEJAREK              |                         | 04:31          | 00:45:13 (+12:19) |
| 99      | 170   | NELEC PRZEMYSŁAW              | M   | M30(27)    | GMINA WOŁÓW | P. WOŁOWSKI | PRAC. SŁU B MUND. |                             |                         | 04:32          | 00:45:15 (+12:21) |
| 100     | 138   | WESOŁOWSKI MACIEJ             | M   | M50(8)     |             |             |                   |                             |                         | 04:32          | 00:45:15 (+12:22) |
| 101     | 77    | RAZIK TADEUSZ                 | M   | M60(4)     |             |             |                   | BRAK                        |                         | 04:32          | 00:45:24 (+12:30) |
| 102     | 86    | BOROWICZ BEATA                | K   | K40(3)     |             |             | PRAC. SŁU B MUND. | KWP WROCLAW                 |                         | 04:33          | 00:45:30 (+12:37) |
| 103     | 72    | SOCHACKI GRZEGORZ             | M   | M30(28)    |             |             |                   |                             |                         | 04:34          | 00:45:37 (+12:43) |
| 104     | 75    | GĄŁKA ROBERT                  | M   | M40(37)    |             |             |                   | GRTEAM74                    |                         | 04:36          | 00:46:05 (+13:11) |
| 105     | 81    | STA KIEWICZ TOMASZ            | M   | M40(38)    | GMINA WOŁÓW | P. WOŁOWSKI | PRAC. SŁU B MUND. |                             |                         | 04:38          | 00:46:18 (+13:24) |
| 106     | 58    | JAROSZEWSKI ARKADIUSZ         | M   | M30(29)    |             |             |                   | ISKRA TEAM                  | ISKRA TEAM              | 04:38          | 00:46:24 (+13:30) |
| 107     | 73    | PIASECKI ZYGMUNT              | M   | M30(30)    | GMINA WOŁÓW | P. WOŁOWSKI | PRAC. SŁU B MUND. | FCWOŁÓW                     |                         | 04:39          | 00:46:27 (+13:33) |
| 108     | 134   | WOJNAR MACIEJ                 | M   | M30(31)    |             |             |                   |                             | MUCHOBRONXIAKI          | 04:39          | 00:46:31 (+13:37) |
| 109     | 122   | SZYMCZYNA MARCIN              | M   | M40(39)    |             |             |                   | OŁAWSKA GRUPA BIEGOWA       |                         | 04:40          | 00:46:39 (+13:46) |
| 110     | 39    | WRÓBEL WOJTEK                 | M   | M40(40)    |             |             |                   | SZCZYTKOWICE W BIEGU        | SZCZYTKOWICE W BIEGU    | 04:40          | 00:46:43 (+13:49) |
| 111     | 129   | PAWLAK JACEK                  | M   | M30(32)    |             |             |                   | BBL/PARKRUN GŁOGÓW          |                         | 04:41          | 00:46:48 (+13:54) |
| 112     | 90    | TALAGA BARBARA                | K   | K40(4)     |             |             | PRAC. SŁU B MUND. |                             |                         | 04:41          | 00:46:49 (+13:55) |
| 113     | 196   | OZIMINA HUBERT                | M   | M40(41)    |             |             |                   | OBORYGENI                   | OBORYGENI               | 04:41          | 00:46:51 (+13:57) |
| 114     | 68    | PIETRZAK JERZY                | M   | M50(9)     |             |             |                   | MUCHOBRONXIAKI              | MUCHOBRONXIAKI          | 04:41          | 00:46:51 (+13:58) |
| 115     | 169   | ZIÓŁKOWSKA EL BIETA           | K   | K20(6)     | GMINA WOŁÓW | P. WOŁOWSKI |                   |                             |                         | 04:42          | 00:46:56 (+14:02) |
| 116     | 106   | PUCHAŁA-PIETRUSZKA MAŁGORZATA | K   | K30(5)     |             | P. WOŁOWSKI |                   | WIKTOR TEAM                 | BIEGAMY W BRZEGU DOLNYM | 04:42          | 00:47:02 (+14:08) |
| 117     | 95    | SZUMILAS KACPER               | M   | M20(15)    | GMINA WOŁÓW | P. WOŁOWSKI |                   |                             |                         | 04:43          | 00:47:08 (+14:14) |
| 118     | 178   | WOLNIAK WOJCIECH              | M   | M40(42)    |             |             |                   | POWRÓT DO KORZENI           | POWRÓT DO KORZENI       | 04:44          | 00:47:16 (+14:22) |
| 119     | 163   | CHROBOT ANNA                  | K   | K30(6)     |             |             |                   | KR PI Z KR PIC              | KR PI Z KR PIC          | 04:46          | 00:47:42 (+14:48) |

| Miejsce | Numer | Uczestnik                    | Płe | Kat. wiek. | Grupa 1     | Grupa 2     | Grupa 3           | Grupa 4                   | Klub                    | Tempo [min/km] | Wynik             |
|---------|-------|------------------------------|-----|------------|-------------|-------------|-------------------|---------------------------|-------------------------|----------------|-------------------|
| 120     | 150   | ZAJ C RAFAŁ                  | M   | M40(43)    |             |             |                   | L ZAK TEAM                |                         | 04:47          | 00:47:46 (+14:52) |
| 121     | 53    | KAPUT PAWEL                  | M   | M30(33)    |             |             |                   | DTR BIEGA/MARIO TEAM      | DTR BIEGA/MARIO TEAM    | 04:47          | 00:47:52 (+14:58) |
| 122     | 26    | BIELECKI GRZEGORZ            | M   | M40(44)    |             |             |                   | HAPPY SCHOOL              |                         | 04:48          | 00:47:55 (+15:01) |
| 123     | 78    | MAJCHRZAK BARTLOMIEJ         | M   | M30(34)    |             |             | PRAC. SŁU B MUND. |                           |                         | 04:49          | 00:48:14 (+15:20) |
| 124     | 54    | KAPUT PIOTR                  | M   | M30(35)    |             |             |                   | DTR BIEGA/MARIO TEAM      |                         | 04:50          | 00:48:19 (+15:25) |
| 125     | 52    | ANTONISZYN DARIUSZ           | M   | M50(10)    |             |             | PRAC. SŁU B MUND. | SZCZYTKOWICE W BIEGU      | SZCZYTKOWICE W BIEGU    | 04:50          | 00:48:20 (+15:26) |
| 126     | 186   | MISA DANIEL                  | M   | M40(45)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | KS NEONET                 |                         | 04:52          | 00:48:41 (+15:47) |
| 127     | 154   | PILAWA-CHMIELEWSKA AGNIESZKA | K   | K40(5)     |             |             |                   | MADNESS CREW TEAM         | KKJ LUBIN               | 04:52          | 00:48:44 (+15:50) |
| 128     | 131   | JASINOWSKI WOJCIECH          | M   | M30(36)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | SAM-SOBIE                 |                         | 04:55          | 00:49:12 (+16:18) |
| 129     | 115   | WESOŁOWSKI STANISŁAW         | M   | M60(5)     |             |             | PRAC. SŁU B MUND. | WKB PIAST WROCLAW         |                         | 04:57          | 00:49:29 (+16:35) |
| 130     | 112   | PRZESTALSKI KORNEL           | M   | M40(46)    |             |             |                   | REAL ZALESIE              |                         | 04:59          | 00:49:48 (+16:54) |
| 131     | 37    | PRZESTALSKI MARIAN           | M   | M30(37)    |             |             |                   | REAL ZALESIE              |                         | 04:59          | 00:49:54 (+17:01) |
| 132     | 17    | ROGALA PIOTR                 | M   | M30(38)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | FCWOŁÓW                   |                         | 05:01          | 00:50:07 (+17:13) |
| 133     | 188   | BO Y SKI ŁUKASZ              | M   | M30(39)    | GMINA WOŁÓW | P. WOŁOWSKI |                   |                           |                         | 05:03          | 00:50:26 (+17:33) |
| 134     | 19    | FRYDECKI SŁAWOMIR            | M   | M60(6)     |             |             |                   | AKB ESEMAS                | AKB ESEMAS              | 05:03          | 00:50:29 (+17:36) |
| 135     | 123   | GAWRECKA BEATA               | K   | K30(7)     |             |             |                   | JUTROSI SKI KLUB BIEGACZY |                         | 05:08          | 00:51:16 (+18:22) |
| 136     | 151   | WIDER KAROL                  | M   | M20(16)    |             |             |                   |                           |                         | 05:09          | 00:51:27 (+18:34) |
| 137     | 42    | PLEWKA IWONA                 | K   | K40(6)     |             |             |                   | SZCZYTKOWICE W BIEGU      | SZCZYTKOWICE W BIEGU    | 05:09          | 00:51:28 (+18:34) |
| 138     | 76    | STACHNIK MACIEJ              | M   | M30(40)    |             |             |                   | L SK WROCLAW              |                         | 05:09          | 00:51:31 (+18:37) |
| 139     | 137   | GRZELKA-ZEMBATY KATARZYNA    | K   | K30(8)     |             |             |                   |                           |                         | 05:10          | 00:51:36 (+18:42) |
| 140     | 24    | TOMCZUK WOJCIECH             | M   | M50(11)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA               |                         | 05:10          | 00:51:36 (+18:42) |
| 141     | 41    | MISZCZUK TOMASZ              | M   | M40(47)    |             |             |                   | SZCZYTKOWICE W BIEGU      | SZCZYTKOWICE W BIEGU    | 05:10          | 00:51:40 (+18:46) |
| 142     | 113   | ŁAWNICZAK JUSTYNA            | K   | K40(7)     |             |             |                   | JUTROSI SKI KLUB BIEGACZA |                         | 05:10          | 00:51:41 (+18:47) |
| 143     | 40    | MISZCZUK ANNA                | K   | K30(9)     |             |             |                   | SZCZYTKOWICE W BIEGU      | SZCZYTKOWICE W BIEGU    | 05:10          | 00:51:45 (+18:51) |
| 144     | 152   | MIELCAREK BOGUSŁAW           | M   | M60(7)     |             |             |                   |                           |                         | 05:12          | 00:51:55 (+19:01) |
| 145     | 190   | MACHOWSKI EDWARD             | M   | M70(2)     | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA               | WOŁÓW BIEGA             | 05:13          | 00:52:12 (+19:18) |
| 146     | 182   | LEWANDOWSKI TADEUSZ          | M   | M70(3)     |             |             |                   | WKB PIAST WROCLAW         |                         | 05:14          | 00:52:22 (+19:28) |
| 147     | 71    | GROLEWSKA AGNIESZKA          | K   | K40(8)     |             |             |                   | ISKRA TEAM                | ISKRA TEAM              | 05:14          | 00:52:22 (+19:28) |
| 148     | 140   | WESOŁOWSKA URSZULA           | K   | K40(9)     |             |             |                   |                           |                         | 05:15          | 00:52:29 (+19:35) |
| 149     | 149   | KALINOWSKI SZYMON            | M   | M30(41)    |             |             |                   |                           |                         | 05:18          | 00:52:57 (+20:03) |
| 150     | 25    | NOWAK KAROL                  | M   | M60(8)     | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA               | WOŁÓW BIEGA             | 05:19          | 00:53:07 (+20:13) |
| 151     | 20    | FRYDECKA EL BIETA            | K   | K50(1)     |             |             |                   | AKB ESEMAS                | AKB ESEMAS              | 05:19          | 00:53:13 (+20:19) |
| 152     | 159   | CEGLI SKA MARIOLA            | K   | K50(2)     |             |             |                   |                           | BIEGAMY W BRZEGU DOLNYM | 05:21          | 00:53:28 (+20:34) |
| 153     | 197   | JARZ BOWICZ MAGDALENA        | K   | K30(10)    |             |             |                   |                           |                         | 05:23          | 00:53:46 (+20:52) |
| 154     | 171   | ŁYSO DOMINIK                 | M   | M30(42)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | DRU YNA A                 |                         | 05:24          | 00:53:57 (+21:03) |
| 155     | 130   | BRZEZIK ROMAN                | M   | M40(48)    |             |             |                   | PARKRUN                   |                         | 05:28          | 00:54:38 (+21:44) |
| 156     | 168   | MA KOWIAK MARCIN             | M   | M30(43)    | GMINA WOŁÓW | P. WOŁOWSKI | PRAC. SŁU B MUND. |                           |                         | 05:29          | 00:54:46 (+21:52) |
| 157     | 93    | GIBALSKA MARZENA             | K   | K40(10)    |             |             |                   | OBORYGENI                 | OBORYGENI               | 05:29          | 00:54:49 (+21:55) |
| 158     | 132   | D BROWSKI JERZY              | M   | M60(9)     |             |             |                   | BRAK                      |                         | 05:30          | 00:55:04 (+22:11) |
| 159     | 175   | SAMOL BARTOSZ                | M   | M30(44)    |             |             |                   | POWRÓT DO KORZENI         | POWRÓT DO KORZENI       | 05:32          | 00:55:19 (+22:25) |
| 160     | 108   | PRZYTOCKA DOROTA             | K   | K30(11)    | GMINA WOŁÓW | P. WOŁOWSKI |                   | WOŁÓW BIEGA               |                         | 05:34          | 00:55:35 (+22:41) |
| 161     | 6     | WOJDYŁA MECZYŚLAW            | M   | M50(12)    |             |             | PRAC. SŁU B MUND. |                           |                         | 05:35          | 00:55:46 (+22:52) |
| 162     | 87    | SZERSTIUK DOMINIKA           | K   | K20(7)     | GMINA WOŁÓW | P. WOŁOWSKI |                   |                           |                         | 05:36          | 00:56:02 (+23:08) |
| 163     | 94    | WOŁONCIEJ JÓZEF              | M   | M50(13)    |             |             |                   |                           |                         | 05:38          | 00:56:24 (+23:30) |

| Miejsce | Numer | Uczestnik              | Płe | Kat. wiek. | Grupa 1     | Grupa 2     | Grupa 3 | Grupa 4                | Klub                    | Tempo [min/km] | Wynik             |
|---------|-------|------------------------|-----|------------|-------------|-------------|---------|------------------------|-------------------------|----------------|-------------------|
| 164     | 146   | DANIELAK RAFAŁ         | M   | M40(49)    |             |             |         | RD                     |                         | 05:46          | 00:57:39 (+24:45) |
| 165     | 176   | MARCINIAK MARIUSZ      | M   | M40(50)    |             |             |         |                        |                         | 05:46          | 00:57:40 (+24:47) |
| 166     | 142   | POCZTA DARIUSZ         | M   | M40(51)    |             |             |         | KS KROTOSZ KROTOSZYN   |                         | 05:48          | 00:57:58 (+25:04) |
| 167     | 117   | MYSZY SKA EDYTA        | K   | K40(11)    | GMINA WOŁÓW | P. WOŁOWSKI |         | BRAK                   | WOŁÓW BIEGA             | 05:49          | 00:58:12 (+25:18) |
| 168     | 97    | MICHONSKA IZABELA      | K   | K50(3)     | GMINA WOŁÓW | P. WOŁOWSKI |         |                        |                         | 05:50          | 00:58:16 (+25:22) |
| 169     | 167   | MATYSIAK MAGDALENA     | K   | K40(12)    |             |             |         | POWRÓT DO KORZENI      |                         | 05:50          | 00:58:24 (+25:30) |
| 170     | 111   | IGNACIUK MARTA         | K   | K30(12)    |             |             |         |                        |                         | 05:55          | 00:59:06 (+26:12) |
| 171     | 133   | GRANICZKOWSKI GRZEGORZ | M   | M40(52)    |             |             |         |                        |                         | 05:57          | 00:59:33 (+26:39) |
| 172     | 166   | ZNAMIROWSKI KRZYSZTOF  | M   | M40(53)    |             |             |         | RADIO WROCŁAW          |                         | 05:59          | 00:59:47 (+26:54) |
| 173     | 155   | KRZESAK JAN            | M   | M70(4)     |             |             |         | KB SUKCES MIGRÓD       |                         | 06:02          | 01:00:20 (+27:26) |
| 174     | 7     | MALARSKA JOLANTA       | K   | K50(4)     |             | P. WOŁOWSKI |         | FITNESSACJA            | BIEGAMY W BRZEGU DOLNYM | 06:04          | 01:00:43 (+27:50) |
| 175     | 65    | GIDEL HALINA           | K   | K50(5)     |             | P. WOŁOWSKI |         | FOTOTRIO.PL            | BIEGAMY W BRZEGU DOLNYM | 06:06          | 01:01:04 (+28:11) |
| 176     | 180   | SOKOŁOWSKA-SYGUŁA EWA  | K   | K40(13)    | GMINA WOŁÓW | P. WOŁOWSKI |         |                        |                         | 06:09          | 01:01:30 (+28:36) |
| 177     | 158   | AK ALEKSANDRA          | K   | K40(14)    |             |             |         |                        | BIEGAMY W BRZEGU DOLNYM | 06:13          | 01:02:09 (+29:15) |
| 178     | 2     | KUCHARSKA BARBARA      | K   | K40(15)    |             | P. WOŁOWSKI |         | ANBA                   |                         | 06:14          | 01:02:15 (+29:21) |
| 179     | 102   | BRZEZI SKI PIOTR       | M   | M20(17)    | GMINA WOŁÓW | P. WOŁOWSKI |         |                        |                         | 06:18          | 01:03:01 (+30:07) |
| 180     | 143   | FONAŁ LUCYNA           | K   | K30(13)    | GMINA WOŁÓW | P. WOŁOWSKI |         |                        |                         | 06:32          | 01:05:23 (+32:30) |
| 181     | 120   | BUDAJCZAK KRZYSZTOF    | M   | M40(54)    |             |             |         |                        |                         | 06:33          | 01:05:30 (+32:36) |
| 182     | 156   | CHMIELEWSKI WOJCIECH   | M   | M40(55)    |             |             |         | STOWARZYSZENIE MADNESS |                         | 06:35          | 01:05:54 (+33:00) |
| 183     | 50    | LEBODA RYSZARD         | M   | M70(5)     | GMINA WOŁÓW | P. WOŁOWSKI |         | WOŁÓW BIEGA            |                         | 07:11          | 01:11:53 (+39:00) |

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